



# October 2012

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>8:55 Low Impact Exercise <b>9:00 Bagels with a Broker</b> Speaker: Mike Dearth, Invesco 9:00 Woodcarving Club <b>1:00 When I'm 65</b> with Julie Hilbert FDL Co. Senior Services Benefit Specialist 1:00 Poker 1:00 German Club 1:15 Sheephead 3:45 Walking Class 5:00 TOPS #1159</p>	<p><b>2</b></p> <p>8:30-12:30 8-Ball Pool League 9:00 Skat 9:00 Tai Chi 9:30-1:30 Consignor Intake <b>10:00 Hobb's Woods Hike</b> 10:00 Oil Painting Class 12:45 Bridge 1:00 Bingo—sponsor: ACACIA Home Care 1:00 Watercolor Class <b>3:00 Mixed Water Media Class</b> 6:00 Woodworkers (Horace Mann HS)</p>	<p><b>3</b></p> <p>8:30-12:30 9-Ball Pool League 8:30 SCAMP 9:00 Beginning Singing Class 9:00 Linettes 9:00 Handchimes 10:00 Intermediate Singing Class 10:15 Video Exercise 1:00 Cribbage 1:00 Canasta 1:15 Sheephead 1:30 Spanish Club <b>3:30 Sewing Lab</b> <b>6:00 Drawing Class</b> 7:30 Dance: Bob &amp; Marilyn Variety &amp; Karaoke</p>	<p><b>4</b></p> <p>9:00 Handchimes <b>10:00 Safety at Home</b> Speaker: Kris Greve, Occupational Therapist, Rehab Arisces 10:00 Scrapbooking <b>10:30 Yoga</b> <b>12:00 ROMEO @ Fat Joe's</b> 12:45 Bridge 1:00 Art Club 1:00 Flying Geese Quilt Club 3:45 Walking Class <b>4:00 Red Hat: Chili Dump &amp; Hobo Party at Lakeside Park</b> 6:00 Char-tastic Scrapbookers 6:00 TOPS #0566 6:00 Line Dancing</p>	<p><b>5</b></p> <p>10:00 Red Hat Chorus 12:30 Wii Bowling League 1:00 Writers Group 1:00 Pinochle 1:15 Sheephead 2:00 Wii Bowling League</p>
<p><b>8</b></p> <p>8:55 Low Impact Exercise 9:00 Woodcarving Club <b>12:30 Movie (Showing 1):</b> "The Best Exotic Mariqold Hotel" 1:00 Poker 1:00 German Club 1:15 Sheephead 3:45 Walking Class 5:00 TOPS #1159</p>	<p><b>9</b></p> <p>8:30-12:30 8-Ball Pool League 9:00 Skat 9:00 Tai Chi 9:30-1:30 Consignor Intake 10:00 Oil Painting Class 12:45 Bridge 1:00 Bingo—sponsor: Comfort Keepers 1:00 Stitchery 1:00 Watercolor Class <b>3:00 Mixed Water Media Class</b> <b>3:15/5:15/7:00 Card Making w/ Jana</b> 6:00 Woodworkers Meeting @ Senior Center</p>	<p><b>10</b></p> <p>8:30-12:30 9-Ball Pool League 8:30 SCAMP <b>9:00 Look Good, Feel Better</b> 9:00 Beginning Singing Class 9:00 Linettes 9:00 Handchimes 10:00 Intermediate Singing Class 10:15 Video Exercise <b>11:00 Bike Ride—Hobb's Woods</b> <b>1:00 Computer Basics 1</b> 1:00 Cribbage 1:30 Spanish Club 1:15 Sheephead <b>3:30 Sewing Lab</b> <b>6:00 Drawing Class</b> 7:30 Dance: Roger &amp; Eddie Guitar &amp; Accordion; Old Time &amp; Variety</p>	<p><b>11</b></p> <p>8-3 <u>Foot Care</u> <b>9:00 Computer Basics 2</b> 9:00 Handchimes 10:00 Scrapbooking <b>10:30 Yoga</b> 12:45 Bridge <b>1:00 Red Hat: Card Making</b> <b>1:00 Computer Basics 3</b> 1:00 Art Club 3:45 Walking Class 6:00 TOPS #0566 6:00 Line Dancing 7:00 Sunset Stitchers Quilters</p>	<p><b>12</b></p> <p><b>Wellness Morning</b> <b>9-10 Health Screenings</b> <b>10-11 Speaker—</b> "Nutrition in the Golden Years" Stephanie Schultz, Nutritionist, Festival Foods &amp; Kimberly Haynes, RN, Heartland Hospice 10:00 Red Hat Chorus 12:30 Wii Bowling League 1:00 Writers Group 1:00 Pinochle 1:15 Sheephead 2:00 Wii Bowling League</p>
<p><b>15</b></p> <p>8:55 Low Impact Exercise 9:00 Woodcarving Club <b>9:30 Book Club</b> "The House I Loved" by Tatiana de Rosnay <b>1:00 Travel Planning Meeting</b> 1:00 Poker 1:00 German Club 1:15 Sheephead 3:45 Walking Class 5:00 TOPS #1159</p>	<p><b>16</b></p> <p>7:30 TRIAD Meeting (@ Sheriff's Office) 8:30-12:30 8-Ball Pool League 9:00 Skat 9:00 Tai Chi 9:30-1:30 Consignor Intake 10:00 Oil Painting Class 12:45 Bridge 1:00 Bingo—sponsor: Walnut Grove 1:00 Watercolor Class <b>3:00 Mixed Water Media Class</b> 6:00 Woodworkers (Horace Mann HS)</p>	<p><b>17</b></p> <p>8:30-12:30 9-Ball Pool League 8:30 SCAMP 9:00 Beginning Singing Class 9:00 Linettes 9:00 Handchimes 10:00 Intermediate Singing Class 10:15 Video Exercise 12:30 Dominoes <b>1:00 Computer Basics 1</b> 1:00 Cribbage 1:00 Canasta 1:15 Sheephead 1:30 Spanish Club <b>3:30 Sewing Lab</b> <b>6:00 Drawing Class</b> 7:30 Dance: Bob &amp; Marilyn Variety &amp; Karaoke</p>	<p><b>18</b></p> <p><b>8-10 Flu Shot Clinic</b> 8-3 <u>Foot Care</u> <b>9:00 Computer Basics 2</b> 9:00 Handchimes 10:00 Scrapbooking <b>10:30 Yoga</b> 12:45 Bridge <b>1:00 Computer Basics 3</b> 1:00 Post Office Poker 1:30 <b>AARP Meeting</b> Speaker—Paul Osterholm, Habitat for Humanity 3:45 Walking Class 6:00 Char-tastic Scrapbookers 6:00 TOPS #0566 6:00 Line Dancing</p>	<p><b>19</b></p> <p>8:30 SCAC* Meeting 10:00 Red Hat Chorus 12:30 Wii Bowling League 1:00 Writers Group 1:00 Pinochle 1:15 Sheephead 2:00 Wii Bowling League</p> <p><b>20 Saturday</b> <b>Bob Ross Painting Class</b> <b>10 a.m.—4 p.m.</b></p> <p><b>Supper Club</b> <b>Trinity Restaurant</b> <b>5:00 Social; 5:30 Dinner</b></p>
<p><b>22</b></p> <p>8:55 Low Impact Exercise 9:00 Woodcarving Club <b>12:00 Int. Digital Cameras</b> 1:00 Poker 1:00 German Club 1:15 Sheephead 3:45 Walking Class 5:00 TOPS #1159</p>	<p><b>23</b></p> <p>8:30-12:30 8-Ball Pool League <b>9:00 Senior Outreach Training</b> <b>9:00 Digital Photo Fun</b> 9:00 Skat 9:00 Tai Chi <b>9:00 Breakfast for the Brain @ LVE</b> 9:30-1:30 Consignor Intake <b>10:00-? Massage/Reflexology/Iris</b> 10:00 Oil Painting Class 12:45 Bridge 1:00 Stitchery 1:00 Bingo-sponsor: Rehab Arisces 1:00 Watercolor Class <b>1:30 Community Cares @ Harbor Haven</b> <b>2:00 Pinterest</b> <b>3:00 Mixed Water Media Class</b> 3:00 Wacky Races 6:00 Woodworkers (Horace Mann HS)</p>	<p><b>24</b></p> <p>8:30-12:30 9-Ball Pool League 8:30 SCAMP <b>9:00 Senior Outreach Training</b> 9:00 Beginning Singing Class 9:00 Linettes 9:00 Handchimes 10:00 Intermediate Singing Class 10:15 Video Exercise <b>1:00 Computer Basics 1</b> 1:00 Cribbage 1:15 Sheephead 1:30 Spanish Club <b>2:30 Red Hat Scrapbooking</b> 3:30 Sewing Lab <b>6:00 Drawing Class</b> 7:30 Dance: Carl &amp; Gerry Guitar &amp; Concertina; Old Time &amp; Variety</p>	<p><b>25</b></p> <p>8-3 <u>Foot Care</u> <b>9:00 Breakfast for the Brain LVE</b> <b>9:00 Computer Basics 2</b> 9:00 Handchimes <b>10:30 Yoga</b> <b>12:30 Movie (Showing 2):</b> "The Best Exotic Mariqold Hotel" 12:45 Bridge <b>1:00 Computer Basics 3</b> 3:45 Walking Class 6:00 TOPS #0566 6:00 Line Dancing 6:30 Project Linus <b>HT: Oneida Casino</b> <b>&amp; Jim &amp; Linda's</b></p>	<p><b>26</b></p> <p>8:30 Friends Board Mtg <b>9:00 Outreach Training</b> 10:00 Red Hat Chorus 12:30 Wii Bowling League 1:00 Writers Group 1:00 Pinochle 1:15 Sheephead 2:00 Wii Bowling League</p> <p><b>27 Saturday</b> <b>Scrapbook Crop &amp; Workshop with Kim</b> <b>9:00 a.m.—9:00 p.m.</b></p>
<p><b>29</b></p> <p>8:55 Low Impact Exercise 9:00 Woodcarving Club 1:00 Poker 1:00 German Club 1:15 Sheephead 3:45 Walking Class 5:00 TOPS #1159</p>	<p><b>30</b></p> <p>8:30-12:30 8-Ball Pool League 9:00 Skat 9:00 Tai Chi 9:30-1:30 Consignor Intake 10:00 Oil Painting Class 12:45 Bridge 1:00 Bingo-sponsor: CRL Senior Living 1:00 Watercolor Class <b>3:00 Mixed Water Media Class</b> 6:00 Woodworkers (Horace Mann HS)</p>	<p><b>31 HAPPY HALLOWEEN</b></p> <p>8:30-12:30 9-Ball Pool League 8:30 SCAMP 9:00 Linettes 9:00 Handchimes 10:15 Video Exercise 1:00 Cribbage 1:15 Sheephead 1:30 Spanish Club <b>6:00 Drawing Class</b> 7:30 Dance: Leota, Gerry &amp; Syl Accordion &amp; Guitar; Old Time &amp; Variety <b>HT: Scrooge: The Musical @ Fireside</b></p>	<p><b>JOIN US FOR LUNCH!</b> Lunch is served at the Senior Center every Monday-Thursday at 11:45 a.m. through FDL County's Department of Senior Services Dining Program. Reservations for meals are made by calling 929-3937 and MUST be made no later than 1 p.m. the day before you plan to attend. Menus are available at the Senior Center or click on Document Links at the bottom of the Services page of the website.</p> <p><b>Special Events MPTC Computer Classes</b> <b>Underlined events and programs require pre-registration.</b></p>	