

# November

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club  1:00 Euchre 1:00 Poker 1:00 MPTC Computer Basics 1 1:15 Sheepshead  6:30 FDL Concert Association	<b>3</b> 8:30 Pool League 8 Ball 9:00 Tai Chi 9:00 Skat 9:00 AARP Board Meeting 10:00 Hiking 10:00 Acrylic & Oil Painting Class 10:00 Singing 12:30 Bridge 1:00 Bingo 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 3:00 Mixed Media Art Class 6:00 Winnebago Woodworkers at Horace Mann High School 6:30 Senior Dining-Paddy's Social at 5:30	<b>4</b> 8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 9:45 Video Chair Exercise  12:00 Canasta 12:00 Hand & Foot 1:00 MPTC Computer Basics 1 1:15 Sheepshead 3:15 Sewing Lab  7:30 Wed Night Dance	<b>5</b> 9:00 Senior Outreach Meeting 9:00 Foot Care 9:00 Hand Chimes 9:00 & 10:30 Yoga 10:00 Hiking 10:00 Beginning Bridge 10:15 Scrapbooking 12:00 ROMEO's—Boda's 12:30 Bridge 1:00 Flying Geese Quilters 1:00 Outreach Training  5:45 TOPS #0566 6:00 Country Line Dancing 6:00 Chartastics Scrapbook Club	<b>6</b> 8:00 Coffee & Conversation 10:00 Red Hat Chorus  12:30 Wii Bowling 1:00 Memories Writers Group 1:15 Sheepshead 2:00 Soul Collage  <b>Packer Day-Wear your Green &amp; Gold</b> <b>7 Saturday</b> 10:00 Beg. Country Line Dance  <b>8 Sunday</b> 6:00 Model Railroad
<b>9</b> 8:15 AARP Drivers Safety Class 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club  1:00 Euchre 1:00 Poker 1:00 MPTC Computer Basics 1 1:15 Sheepshead  6:30 FDL Area Writers Club	<b>10</b> 8:30 Pool League 8 Ball 8:30 Vitamin D & Cholesterol Screening 8:30 Tai Chi 9:00 Skat 10:00 Hiking 10:00 Acrylic & Oil Painting Class 10:00 Singing 12:30 Bridge 1:00 Bingo Sponsored by Azura MemoryCare 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 3:00 Mixed Media Art Class 6:00 Winnebago Woodworkers 6:00 Coin Club 6:30 Senior Dining-3 Guys & a Grill Social at 5:30	<b>11</b> 8:00 Veterans Day Pancake Breakfast 8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 9:30 Staff Meeting 9:45 Video Chair Exercise  12:00 Hand & Foot 1:00 MPTC Computer Basics 2 1:15 Sheepshead 3:15 Sewing Lab  7:30 Wed Night Dance	<b>12</b> 9:00 Foot Care 9:00 Hand Chimes 9:00 & 10:30 Yoga 10:00 Hiking 10:00 Scrapbooking 10:00 Beginning Bridge 12:30 Bridge 12:30 Movie-"The Invisible Woman" 1:00 Presentation by Kathleen Stetter Make a Difference with Fair Trade 5:45 TOPS #0566 6:00 Country Line Dancing 7:00 Sunset Stitchers <b>Happy Travelers Trip—Packer Stadium/CBS</b>	<b>13</b> 9:00 Health Screenings 10:00 Red Hat Chorus  12:30 Wii Bowling 1:00 Memories Writers Group 1:15 Sheepshead  <b>Packer Day-Wear your Green &amp; Gold</b> <b>14 Saturday</b> 10:00 Beg. Country Line Dance  <b>15 Sunday</b>
<b>16</b> 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club 9:30 Book Club  1:00 Euchre 1:00 Poker 1:00 MPTC Computer Basics 2 1:15 Sheepshead	<b>17</b> 8:30 Pool League 8 Ball 9:00 Tai Chi 9:00 Skat 10:00 Hiking 10:00 Acrylic & Oil Painting Class 10:00 Singing 12:30 Bridge 1:00 Bingo Sponsored by ResCare Homecare 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 3:00 Mixed Media Art Class 3:15 Group Discussion-Caregiver Guilt—How to cope with it 6:00 Winnebago Woodworkers at Horace Mann High School 6:30 Senior Dining-Blanck's Lake Aire Social at 5:30	<b>18</b> 8:30 Pool League 9 Ball 8:30 SCAMP 9:45 Video Chair Exercise 10:45 Hand Chimes-Woodlands  12:00 Hand & Foot 12:00 Canasta 1:00 MPTC Computer Basics 2 1:00 Umbrella Brigade practice 1:15 Sheepshead 2:30 Umbrella Brigade perform  7:30 Wed Night Dance  <b>Happy Travelers Trip-Dancing Horses/Birds Holiday Show in Delavan</b>	<b>19</b> 9:00 Foot Care 9:00 & 10:30 Yoga 10:00 Hiking 10:00 Scrapbooking 10:00 Beginning Bridge 10:00 Journaling 10:00 Hand Chimes - Brooke Ind.  12:00 Red Hat Floral Presentation 12:30 Bridge 1:30 AARP  5:45 TOPS #0566 6:00 Country Line Dancing 6:00 Chartastics Scrapbook	<b>20</b> 8:30 SCAC 9:30 Friends Board 10:00 Red Hat Chorus  12:30 Wii Bowling 1:00 Memories Writers Group 1:15 Sheepshead  <b>Packer Day-Wear your Green &amp; Gold</b> <b>21 Saturday</b> 10:00 Beg. Country Line Dance 5:00 Supper Club at Sebastian's 5:00 Social, 5:30 Dinner  <b>22 Sunday</b>
<b>23</b> 8:00 Newsletter Assembly 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club  1:00 Euchre 1:00 German Club 1:00 Poker 1:00 MPTC Computer Basics 3 1:15 Sheepshead	<b>24</b> 8:30 Pool League 8 Ball 8:30 Tai Chi 9:00 Skat 10:00 Hiking 10:00 Acrylic & Oil Painting Class 10:00 Singing 10:30 Massage 12:30 Bridge 1:00 Bingo 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 2:00 Community Care-Sterling House 3:00 Mixed Media Art Class 6:00 Winnebago Woodworkers at Horace Mann High School 6:30 Senior Dining-Schreiner's Social at 5:30  <b>Happy Travelers Trip—Oneida Casino &amp; Mystery Restaurant</b>	<b>25</b> 8:30 Pool League 9 Ball 8:30 SCAMP 9:45 Video Chair Exercise 10:45 Hand Chimes-Woodlands  12:00 Hand & Foot 1:00 MPTC Computer Basics 3 1:15 Sheepshead  7:30 Wed Night Dance	<b>Center Closed</b>   <b>THANKSGIVING</b>	
<b>30</b> 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club  1:00 Euchre 1:00 German Club 1:00 Poker 1:00 MPTC Computer Basics 3 1:15 Sheepshead  4:30 TOPS #1159	<b>LET'S DO LUNCH!</b> The Senior Center is a meal site for the FDL County Senior Nutrition Program. Served <b>Monday—Thursday</b> at <b>11:45 a.m.</b> , lunch is available to all seniors regardless of income, with a suggested donation of \$3 for those age 60 or over. Registration for lunch is required by calling 929-3937 at least one day in advance by 1 p.m. <b>Menus are available at the front desk or our website: <a href="http://fdlseniorcenter.com">fdlseniorcenter.com</a></b>   Senior Dining Fellowship, Food & Fun			<b>OFFSITE SUPPORT GROUPS</b>  11/9 10:00 Parkinson's Support Group- Aurora Health Care 11/10 8:30 Prostate Cancer Support Group-Rolling Meadows Family Restaurant 11/13 Gluten Free Support Group at Festival Foods 11/17 4:00 Diabetic Support Group at Aurora Health Care Center  <b>**All Orange Events are held Offsite</b>