

January

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>LET'S DO LUNCH! The Senior Center is a meal site for the FDL County Senior Nutrition Program. Served Monday—Thursday at 11:45 a.m., lunch is available to all seniors regardless of income, with a suggested donation of \$3 for those age 60 or over. Registration for lunch is required by calling 929-3937 at least one day in advance by 1 p.m. Menus are available at the front desk or our website: fdlseniorcenter.com</p>  <p>Fellowship, Food & Fun</p>		 <p>Happy New Year</p>		<p>1</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;"><i>Center Closed</i></p>	<p>2</p> <p>10:00 Red Hat Chorus</p> <p>12:30 Wii Bowling 1:00 Writers Group 1:15 Sheepshead</p> <p><u>3 Saturday</u> 10:00 Beg. Country Line Dance</p> <p><u>4 Sunday</u></p>
<p>5</p> <p>9:00 Low Impact Exercise 9:00 Woodcarving Club 9:00 MPTC Computer Files & Folders</p> <p>1:00 German Club 1:00 Poker 1:15 Sheepshead</p> <p>4:30 TOPS #1159 7:00 Beginning Dance</p>	<p>6</p> <p>8:30 Pool League 8 Ball 9:00 Tai Chi 9:00 Skat 9:00 Consignor Intake 10:00 Oil Painting Class</p> <p>12:45 Bridge 1:00 Drawing & Watercolor Class 1:00 Bingo 3:00 Mixed Media Art Class</p>	<p>7</p> <p>8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 10:15 Video Exercise 10:00 Group Discussion: How to talk to people you care about (Rm1)</p> <p>12:00 Hand & Foot (Rm 1) 1:15 Sheepshead 1:00 Canasta (1st & 3rd)</p> <p>7:30 Wed Night Dance</p>	<p>8</p> <p>9:00 Senior Outreach (1st) 10:00 Program "Are you Prepared for Emergency"</p> <p>9:00 Foot Care 9:00 Hand Chimes 10:00 Scrapbooking (1st & 3rd) 10:00 Beginning Bridge</p> <p>12:30 Movie—Noah 12:45 Bridge 1:00 Flying Geese Quilters</p> <p>6:00 TOPS #0566 6:00 Country Line Dancing 7:00 Sunset Stitches</p>	<p>9</p> <p>8:30 Health Screenings 10:00 Red Hat Chorus</p> <p>12:30 Wii Bowling 1:00 Writers Group 1:15 Sheepshead</p> <p><u>10 Saturday</u> 10:00 Beg. Country Line Dance</p> <p><u>11 Sunday</u> 6:00 Model Railroad Hobbists(2nd)</p>	
<p>12</p> <p>9:00 Low Impact Exercise 9:00 Woodcarving Club 9:00 MPTC Computer Basics 1</p> <p>1:00 German Club 1:00 Poker 1:00 Happy Travelers Preview 1:15 Sheepshead</p> <p>4:30 TOPS #1159 6:30 FdL Area Writer's Club (2nd) 7:00 Beginning Dance</p>	<p>13</p> <p>8:30 Pool League 8 Ball 9:00 Tai Chi 9:00 Skat 9:00 Consignor Intake 10:00 Oil Painting</p> <p>12:45 Bridge 1:00 Drawing & Watercolor Class 1:00 Bingo 3:00 Mixed Media Art Class 3:15 Stamping/ Craft Class (2nd)</p> <p>6:00 Woodworkers (2nd) 6:30 Coin Club (2nd)</p>	<p>14</p> <p>8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 10:15 Video Exercise 10-11 Look Good Feel Better</p> <p>12:00 Hand & Foot (Rm 1) 1:15 Sheepshead</p> <p>7:30 Wed Night Dance</p>	<p>15</p> <p>9:00 Hand Chimes 10:00 Beginning Bridge 10:00 Scrapbooking (1st & 3rd)</p> <p>12:45 Bridge 12:45 AARP (3rd)</p> <p>6:00 TOPS #0566 6:00 Country Line Dancing 6:00 Chartastic Scrapbook</p> <p>Happy Travelers—Fireside "Sensational 70's"</p>	<p>16</p> <p>8:30 SCAC (3rd) 10:00 Red Hat Chorus 9:00 MPTC Computer Basics 1</p> <p>12:30 Wii Bowling 1:00 Writers Group 1:15 Sheepshead</p> <p><u>17 Saturday</u> 10:00 Beg. Country Line Dance</p> <p><u>18 Sunday</u></p>	
<p>19</p> <p>9:00 Low Impact Exercise 9:00 Woodcarving Club 9:00 MPTC Computer Basics 1 9:30 Book Club (3rd)</p> <p>1:00 German Club 1:00 Poker 1:15 Sheepshead</p> <p>4:30 TOPS #1159 7:00 Beginning Dance</p>	<p>20</p> <p>8:30 Pool League 8 Ball 9:00 Tai Chi 9:00 Skat 9:00 Consignor Intake 10:00 Oil Painting</p> <p>12:45 Bridge 1:00 Drawing & Watercolor Class 1:00 Bingo 3:00 Mixed Media Art Class</p>	<p>21</p> <p>8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 10:15 Video Exercise</p> <p>12:00 Hand & Foot (Rm 1) 1:00 Canasta (1st & 3rd) 1:15 Sheepshead 2:00 RH Scrapbook (3rd)</p> <p>7:30 Wed Night Dance 7:30 Stamp Club (3rd)</p>	<p>22</p> <p>9:00 Foot Care 9:00 Hand Chimes 10:00 Journalling (4th) 10:00 Beginning Bridge (Rm 2)</p> <p>12:45 Bridge 1:00 SALT/TRIAD (4th)</p> <p>6:00 TOPS #0566 6:00 Country Line Dancing 6:30 Alzheimer's Support Group</p>	<p>23</p> <p>8:30 Friends Board (4th) 9:00 MPTC Computer Basics 2 10:00 Red Hat Chorus</p> <p>12:30 Wii Bowling 1:00 Writers Group 1:15 Sheepshead</p> <p><u>24 Saturday</u> <u>25 Sunday</u></p>	
<p>26</p> <p>8:00 Newsletter Assembly 9:00 Low Impact Exercise (Rm 2) 9:00 Woodcarving Club (Rm 3) 9:00 MPTC Computer Basics 2</p> <p>1:00 German Club 1:00 Poker 1:15 Sheepshead</p> <p>4:30 TOPS #1159 7:00 Beginning Dance</p>	<p>27</p> <p>8:30 Pool League 8 Ball 9:00 Tai Chi 9:00 Skat 9:00 Consignor Intake 10:00 Oil Painting 10:00 Chair Massage (4th)</p> <p>12:45 Bridge 1:00 Drawing & Watercolor Class 1:00 Bingo 3:00 Wacky Races 3:00 Mixed Media Art Class</p>	<p>28</p> <p>8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 10:15 Video Exercise</p> <p>12:00 Hand & Foot (Rm 1) 12:30 Movie—Noah 1:00 Brigade 1:15 Sheepshead</p> <p>7:30 Wed Night Dance</p>	<p>29</p> <p>9:00 Foot Care 9:00 Hand Chimes 10:00 Beginning Bridge</p> <p>12:45 Bridge</p> <p>6:00 TOPS #0566 6:00 Country Line Dancing</p>	<p>30</p> <p>9:00 MPTC Computer Basics 2 10:00 Red Hat Chorus</p> <p>12:30 Wii Bowling 1:00 Writers Group 1:00 Friends Annual Meeting/ Dottie's Retirement Party 1:00 MPTC Digital Cameras</p> <p><u>31 Saturday</u></p>	