

May



Monday	Tuesday	Wednesday	Thursday	Friday
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LET'S DO LUNCH!

The Senior Center is a meal site for the FDL County Senior Nutrition Program. Served **Monday—Thursday at 11:45 a.m.**, lunch is available to all seniors regardless of income, with a suggested donation of \$3 for those age 60 or over. Registration for lunch is required by calling 929-3937 at least one day in advance by 1 p.m. **Menus are available at the front desk or our website: fdlseniorcenter.com**



Senior Dining
Fellowship, Food & Fun

OFFSITE SUPPORT GROUPS

5/11 10:00 Parkinson's Support Group- Aurora Health Care

5/12 8:30 Prostate Cancer Support Group-Rolling Meadows Family Restaurant

5/19 4:00 Diabetic Support Group at Aurora Health Care Center

****All Orange Events are held Offsite**

1
8:00 Coffee & Conversation
10:00 Red Hat Chorus
10:00 Brat Fry at Piggly Wiggly

1:00 Writers Group
1:15 Sheepshead

2 Saturday
9:00 FDL Art Assoc Workshop
10:00 Beg. Country Line Dance
10:00 Brat Fry at Piggly Wiggly

3 Sunday
10:00 Brat Fry at Piggly Wiggly

4

9:00 Low Impact Chair Exercise
9:00 Woodcarving Club
9:00 MPTC Computer Basics 3
9:00 Ladies Golf League meeting And golf at Oakgreen Par 3
10:00 Happy Travelers Preview
11:30 Beginning Drawing & Watercolor
1:00 German Club
1:00 Poker
1:15 Sheepshead
2:00 Soul Collage Class

4:30 TOPS #1159
7:00 Beginning Dance

5 Breakfast for the Brain-Harbor Haven

9:00 Tai Chi
9:00 Skat
9:00 Craft Shop Consignor Intake
9:00 AARP Board
9:00 MPTC Computer Basics 3
10:00 Acrylic & Oil Painting Class
10:00 Singing
10:00 Hiking in Hobb's Woods
12:30 Bridge
1:00 Bingo
1:00 Stitchery Group
1:00 Drawing & Watercolor Class
3:00 Mixed Media Art Class
5:30 Senior Dining at Sunset on the Water
6:00 Winnebago Woodworkers at Horace Mann High School

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8:30 SCAMP
9:00 Hand Chimes
9:00 MPTC Computer Basics 3
9:30 Ladies Golf League at Oakgreen Par 3
9:45 Video Chair Exercise

12:00 Hand & Foot
12:00 Canasta
1:00 Red Hat Scrapbook
1:15 Sheepshead

7:30 Wed Night Dance

7 Breakfast for the Brain-Harbor Haven

9:00 Senior Outreach
9:00 Hand Chimes
9:00 MPTC-Quilt Projects for Profit
10:00 Scrapbooking
10:00 Beginning Bridge
10:00 Speaker Paula Steffen—"Sugars: Are they all the same?"
12:00 ROMEO's-Rolling Meadows Rest.
12:30 Bridge
1:00 Flying Geese Quilters
1:00 Golf Lessons with Jeff Kemp at Oakgreen Par 3
1:30 Bunco
6:00 TOPS #0566
6:00 Country Line Dancing
6:00 Chartastics Scrapbook

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8:30 Hearing Screening/Hearing Aid Cleaning
9:00 Health Screenings
10:00 Red Hat Chorus
10:00 Finding Your Way Home
10:00 Brat Fry at Piggly Wiggly
1:00 Writers Group
1:15 Sheepshead

9 Saturday
9:00 Bob Ross Painting Class
10:00 Beg. Country Line Dance
10:00 Brat Fry at Piggly Wiggly

10 Sunday
6:00 Model Railroad

11

9:00 Low Impact Chair Exercise
9:00 Woodcarving Club
9:00 MPTC Computer Basics 4
9:30 Ladies Golf League at Oakgreen Par 3
10:00 Scrabble
11:30 Beginning Drawing & Watercolor
1:00 German Club
1:00 Poker
1:00 Color Speak—The Power of Color
1:15 Sheepshead
2:00 Soul Collage Class

4:30 TOPS #1159
6:30 FDL Area Writers Club
7:00 Beginning Dance

12 8:00 AARP Drivers Safety

8:30 Cholesterol & Vitamin D Screening
9:00 Tai Chi
9:00 Skat
9:00 Craft Shop Consignor Intake
9:00 MPTC Computer Basics 4
10:00 Acrylic & Oil Painting Class
10:00 Singing
10:00 Bike Ride-Prairie Trail
12:30 Bridge
1:00 Bingo
1:00 MPTC-Smart Vacation WI
1:00 Stitchery Group
1:00 Drawing & Watercolor Class
3:00 Mixed Media Art Class
3:15 Card Making Class
5:30 Senior Dining at Mancino's
6:00 Winnebago Woodworkers
6:30 Coin Club

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8:30 SCAMP
9:00 Hand Chimes
9:00 MPTC Computer Basics 4
9:30 Ladies Golf League at Oakgreen Par 3
9:45 Video Chair Exercise
10:00 Look Good Feel Better

12:00 Hand & Foot
12:30 Movie—"And So It Goes"
1:15 Sheepshead

7:30 Wed Night Dance

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8:00 MPTC Connecting on Facebook
9:00 Hand Chimes
9:00 Foot Care
9:00 Senior Outreach Advisory
10:00 Scrapbooking
10:00 Beginning Bridge

12:30 Bridge
1:00 Golf Lessons with Jeff Kemp at Oakgreen Par 3
1:30 Bunco
6:00 TOPS #0566
6:00 Country Line Dancing
7:00 Sunset Stitchers

Happy Travelers Trip-Ho Chunk Casino & WI Dells Craft/Antique Mall

15

8:30 SCAC
10:00 Red Hat Chorus

1:00 Writers Group
1:15 Sheepshead

16 Saturday
10:00 Beg. Country Line Dance
8:00 Scrap Book Crop
5:00 Supper Club at Three Guys and A Grill (Trinity)

17 Sunday

18

9:00 Low Impact Chair Exercise
9:00 Woodcarving Club
9:30 Book Club
9:30 Ladies Golf League at Oakgreen Par 3
11:30 Beginning Drawing & Watercolor

1:00 German Club
1:00 Poker
1:15 Sheepshead
2:00 Soul Collage Class

4:30 TOPS #1159
7:00 Beginning Dance

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9:00 Tai Chi
9:00 Skat
9:00 Craft Shop Consignor Intake
10:00 Acrylic & Oil Painting Class
11:30 Red Hat Honey's Lunch by the River
12:30 Bridge
1:00 Bingo
1:00 Stitchery Group
1:00 Drawing & Watercolor Class
3:00 Mixed Media Art Class
3:15 Discussion Group-Retirement Grief

5:30 Senior Dining at Pizzaville
6:00 Winnebago Woodworkers at Horace Mann High School

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8:30 SCAMP
9:00 Hand Chimes
9:30 Ladies Golf League at Oakgreen Par 3
9:45 Video Chair Exercise

12:00 Hand & Foot
12:00 Canasta
1:15 Sheepshead
2:00 Red Hat Scrapbook

7:30 Wed Night Dance

Happy Travelers Trip-Janesville Rotary Gardens and K&W Greenery

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9:00 Hand Chimes
9:00 Foot Care
10:00 Beginning Bridge
10:00 Scrapbooking

12:30 Bridge
1:30 AARP
1:00 Golf Lessons with Jeff Kemp at Oakgreen Par 3
1:30 Bunco

6:00 TOPS #0566
6:00 Country Line Dancing
6:00 Chartastics Scrapbook

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9:00 Friends Board
10:00 Red Hat Chorus

1:00 Writers Group
1:15 Sheepshead

23 Saturday

24 Sunday

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Center Closed



Happy Memorial Day!

Thank you to all our soldiers who have given of themselves for our freedom!

26 8:00 Newsletter Assembly

9:00 Tai Chi
9:00 Skat
9:00 Craft Shop Consignor Intake
10:00 Acrylic & Oil Painting Class
10:00 Massage
12:30 Bridge
1:00 Bingo
1:00 Stitchery Group
1:00 Drawing & Watercolor Class
2:00 Community Cares-Artisan Assisted Living & Memory Care
3:00 Mixed Media Art Class
5:30 Senior Dining at Schmitty's Oar House
6:00 Winnebago Woodworkers at Horace Mann High School

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8:30 SCAMP
9:00 Hand Chimes
9:30 Ladies Golf League at Oakgreen Par 3
9:45 Video Chair Exercise

12:00 Hand & Foot
1:00 Umbrella Brigade
1:15 Sheepshead
2:00 Heartland Hospice Memorial Service

7:30 Wed Night Dance

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9:00 Foot Care
9:00 Hand Chimes
10:00 Journaling
10:00 Beginning Bridge

12:30 Bridge
12:30 Movie—"And So It Goes"
1:00 SALT/TRIAD
1:00 Golf Lessons with Jeff Kemp at Oakgreen Par 3
1:30 Bunco
6:00 TOPS #0566
6:00 Country Line Dancing
6:30 Alzheimer's Support Group

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10:00 Red Hat Chorus

1:00 Writers Group
1:15 Sheepshead

30 Saturday

31 Sunday