



Monday		Tuesday		Wednesday		Thursday		Friday	
1 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club 9:30 Ladies Golf League at Oakgreen Par 3 11:30 Beginning Drawing & Watercolor 1:00 German Club 1:00 Poker 1:15 Sheepshead 2:00 Soul Collage 4:30 TOPS #1159	2 9:00 AARP Board 9:00 Tai Chi 9:00 Skat 9:00 Craft Shop Consignor Intake 10:00 Acrylic & Oil Painting Class 12:30 Bridge 1:00 Drawing & Watercolor Class 1:00 Bingo—Sponsor: Manor Care 1:00 Stitchery Group 3:00 Mixed Media Art Class 5:30 Senior Dining at Sebastian's 6:00 Winnebago Woodworkers at Horace Mann High School	3 8:30 SCAMP 9:00 Hand Chimes 9:30 Ladies Golf League at Oakgreen Par 3 9:45 Video Chair Exercise 12:00 Hand & Foot 12:00 Canasta 1:00 MPTC Apple iPad Basics 1:15 Sheepshead 7:30 Wed Night Dance Happy Travelers-Ho Chunk, WI Dells Craft & Antique Mall	4 9:00 Senior Outreach 9:00 Hand Chimes 9:00 Beg. Country Line Dance 10:00 Speaker Kristin Quast - Diabetes Prevention 10:00 Scrapbooking 10:00 Beginning Bridge 12:00 ROMEO's-Sunset on the Water 12:30 Movie - "The Grand Budapest Hotel" 12:30 Bridge 1:00 Flying Geese Quilters 1:30 Bunco 5:45 TOPS #0566 6:00 Country Line Dancing 6:00 Chartastics Scrapbook Club	5 8:00 Coffee & Conversation 10:00 Red Hat Chorus 1:15 Sheepshead <u>6 Saturday</u> <u>7 Sunday</u>	8 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club 9:30 Ladies Golf League at Oakgreen Par 3 10:00 Scrabble 12:30 Beginning Drawing & Watercolor—New Session Begins 1:00 German Club 1:00 Poker 1:15 Sheepshead 4:30 TOPS #1159 6:30 FDL Area Writers Club	9 9:00 Tai Chi 9:00 Skat 9:00 Craft Shop Consignor Intake 10:00 Acrylic & Oil Painting Class - New Session Begins 10:00 Bike Ride-Eldorado Marsh (Meet at Target Parking Lot) 12:30 Bridge 1:00 Drawing & Watercolor Class-New Session 1:00 Bingo—Sponsor: Comfort Keepers 1:00 Stitchery Group 3:00 Mixed Media Art Class-New Session 3:15 Card Making Class 5:30 Senior Dining at Schreiner's 6:00 Winnebago Woodworkers 6:00 Coin Club	10 8:30 SCAMP 9:00 Hand Chimes 9:30 Staff Meeting 9:30 Ladies Golf League at Oakgreen Par 3 9:45 Video Chair Exercise 12:00 Hand & Foot 1:00 MPTC Apple iPad Basics II 1:15 Sheepshead 7:30 Wed Night Dance	11 9:00 Foot Care 9:00 Hand Chimes 9:00 Beg. Country Line Dance 10:00 Scrapbooking 10:00 Beginning Bridge 12:30 Bridge 1:00 Phones & Visual Impairment 1:30 Bunco 5:45 TOPS #0566 6:00 Country Line Dancing 7:00 Sunset Stitchers	12 9:00 Health Screenings & Hearing Aid Cleaning 10:00 Red Hat Chorus 10:00 Finding Your Way Home 1:00 Red Hat Honeys Royal Rummy 1:15 Sheepshead <u>13 Saturday</u> <u>14 Sunday</u> 6:00 Model Railroad (2nd)
15 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club 9:30 Book Club 9:30 Ladies Golf League at Oakgreen Par 3 12:30 Beginning Drawing & Watercolor 1:00 German Club 1:00 Poker 1:15 Sheepshead 4:30 TOPS #1159	16 9:00 Tai Chi 9:00 Skat 9:00 Craft Shop Consignor Intake 10:00 Acrylic & Oil Painting Class 12:30 Bridge 1:00 Bingo—Sponsor: Lakeview Place 1:00 Drawing & Watercolor Class 1:00 Stitchery Group 1:00 Living Well with Chronic Conditions at MPTC 3:00 Mixed Media Art Class 3:15 Discussion Group—Forgiveness 5:30 Senior Dining at Blanck's Lake Aire 6:00 Winnebago Woodworkers at Horace Mann High School	17 8:30 SCAMP 9:00 Hand Chimes Performance 9:30 Ladies Golf League at Oakgreen Par 3 9:45 Video Chair Exercise 11:30 AARP Annual Summer Picnic (Lunch at 12:00) At N FDL Community Ctr 12:00 Hand & Foot 12:00 Canasta 1:15 Sheepshead 7:30 Wed Night Dance	18 9:00 Hand Chimes 9:00 Foot Care 10:00 Scrapbooking 10:00 Beginning Bridge 12:30 Bridge 1:30 Bunco 1:30 Writing Your Stories 5:45 TOPS #0566 6:00 Chartastics Scrapbook Happy Travelers-Fireside Theatre "Guys on Ice"	19 8:30 SCAC 10:00 Red Hat Chorus 10:00 Personal Color Analysis 1:00 Personal Color Analysis 1:15 Sheepshead 5:00 Supper Club at KC Hall (5:30 Dinner) <u>20 Saturday</u> <u>21 Sunday</u>	22 8:00 Newsletter Assembly 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club 9:30 Ladies Golf League at Oakgreen Par 3 10:00 Scrabble 12:30 Beginning Drawing & Watercolor 1:00 German Club 1:00 Poker 1:15 Sheepshead 4:30 TOPS #1159	23 9:00 Tai Chi 9:00 Skat 9:00 Craft Shop Consignor Intake 10:00 Acrylic & Oil Painting Class 10:00 Massage 12:00 MPTC Using Craigslist 12:30 Bridge 1:00 Drawing & Watercolor Class 1:00 Bingo 1:00 Stitchery Group 1:00 Living Well with Chronic Conditions at MPTC 2:00 Community Cares at St. Peter's Place 3:00 Mixed Media Art Class 5:30 Senior Dining at Northwind's Supper Club 6:00 Winnebago Woodworkers at Horace Mann High School	24 8:30 SCAMP 9:00 Hand Chimes 9:00 MPTC Travel Wisconsin 9:30 Ladies Golf League at Oakgreen Par 3 9:45 Video Chair Exercise 12:00 Hand & Foot 12:30 Movie - "The Grand Budapest Hotel" 1:15 Sheepshead 7:30 Wed Night Dance	25 9:00 Foot Care 9:00 Hand Chimes 9:00 Beg. Country Line Dance 10:00 Journaling 10:00 Beginning Bridge 12:30 Bridge 1:00 SALT/TRIAD 1:00 Green Thumb Garden Club Flower Show 1:30 Bunco 5:45 TOPS #0566 6:00 Country Line Dancing 6:30 Alzheimer's Support Group	26 9:00 Friends Board 10:00 Red Hat Chorus 1:15 Sheepshead <u>27 Saturday</u> <u>28 Sunday</u>
29 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club 9:30 Ladies Golf League at Oakgreen Par 3 12:30 Beginning Drawing & Watercolor 1:00 German Club 1:00 Poker 1:15 Sheepshead 4:30 TOPS #1159	30 9:00 Tai Chi—New Session Begins 9:00 Skat 9:00 Craft Shop Consignor Intake 10:00 Acrylic & Oil Painting Class 12:30 Bridge 1:00 Drawing & Watercolor Class 1:00 Bingo 1:00 Stitchery Group 1:00 Living Well with Chronic Conditions at MPTC 3:00 Mixed Media Art Class 5:30 Senior Dining at Benvenuto's 6:00 Winnebago Woodworkers at Horace Mann High School	LET'S DO LUNCH! The Senior Center is a meal site for the FDL County Senior Nutrition Program. Served Monday—Thursday at 11:45 a.m. , lunch is available to all seniors regardless of income, with a suggested donation of \$3 for those age 60 or over. Registration for lunch is required by calling 929-3937 at least one day in advance by 1 p.m. Menus are available at the front desk or our website: fdlseniorcenter.com  Fellowship, Food & Fun		OFFSITE SUPPORT GROUPS 6/8 10:00 Parkinson's Support Group- Aurora Health Care 6/9 8:30 Prostate Cancer Support Group-Rolling Meadows Family Restaurant 6/16 4:00 Diabetic Support Group at Aurora Health Care Center **All Orange Events are held Offsite Billiard Room open daily for open Pool. Pool League starts in Sept.					