



Monday Tuesday Wednesday Thursday Friday

<p>LET'S DO LUNCH! The Senior Center is a meal site for the FDL County Senior Nutrition Program. Served Monday—Friday at 11:45 a.m., lunch is available to all seniors regardless of income, with a suggested donation of \$3 for those age 60 or over. Registration for lunch is required by calling 929-3937 at least one day in advance by 1 p.m. Menus are available at the front desk or our website: fdlseniorcenter.com</p> <div style="text-align: center;">  Senior Dining Fellowship, Food & Fun </div>	<p>Donate to the Heart Tree in memory of a deceased loved one</p> <p>Tax Aide appointment phone calls will begin Monday 1/25 at 8 am.</p> <p>Dine Out Books are available for purchase as well as Kwik Trip Gift Cards.</p> <p>Don't forget to renew your Friend's Membership</p> <p>Gift Shop is open 10-2 Monday-Friday 4-7 Thursday 3rd Saturday 10-2</p>	<p style="text-align: center;"><u>OFFSITE SUPPORT GROUPS</u></p> <p>1/11 10:00 Parkinson's Support Group- Aurora Health Care</p> <p>1/12 8:30 Prostate Cancer Support Group-Rolling Meadows Family Restaurant</p> <p>1/19 4:00 Diabetic Support Group at Aurora Health Care Center</p> <p>** All Orange Events are held Offsite</p>	<p style="text-align: center;">1 <i>closed</i></p> <div style="text-align: center;">  2 <u>Saturday</u> 3 <u>Sunday</u> </div>
<p>4</p> <p>9:00 Low Impact Chair Exercise 9:00 Woodcarving Club</p> <p>1:00 Euchre 1:00 German Club 1:00 Poker 1:15 Sheepshead 3:00 Cardio Drumming</p>	<p>5 8:30 Pool League 8 Ball</p> <p>9:00 Tai Chi 8:00 Skat 9:00 AARP Board Meeting 9:00 Hiking 10:00 Acrylic & Oil Painting Class 12:30 Bridge 1:00 Bingo sponsored by Lutheran Homes and Health Services 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 3:00 Mixed Media Art Class 6:00 Winnebago Woodworkers at Horace Mann High School 6:30 Senior Dining-Sebastians Social at 5:30</p>	<p>6</p> <p>8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 9:45 Video Chair Exercise</p> <p>12:00 Hand & Foot 12:00 Canasta 1:15 Sheepshead</p> <p>7:30 Wed Night Dance</p>	<p>7</p> <p>9:00 Hand Chimes 9:00 Senior Outreach Meeting 9:00 Hiking 10:00 Scrapbooking 10:00 Beginning Bridge 12:00 ROMEO'S—Faro's 12:30 Bridge 1:00 Tech Tyme 1:00 Flying Geese Quilters 1:00 Friends Board Meet and Greet</p> <p>5:45 TOPS #0566 6:00 Country Line Dancing 6:00 Chartastics Scrapbook</p>
<p>11</p> <p>9:00 Low Impact Chair Exercise 9:00 Woodcarving Club</p> <p>1:00 Euchre 1:00 German Club 1:00 Poker 1:15 Sheepshead 3:00 Cardio Drumming</p> <p>6:30 FDL Area Writers Club</p>	<p>12</p> <p>8:30 Pool League 8 Ball 9:00 Tai Chi 8:00 Skat 9:00 Hiking 10:00 Acrylic & Oil Painting Class</p> <p>12:30 Bridge 1:00 Bingo sponsored by ManorCare 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 3:00 Mixed Media Art Class 6:00 Winnebago Woodworkers 6:00 Coin Club 6:30 Senior Dining-Green Dragon Social at 5:30</p>	<p>13</p> <p>8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 9:45 Video Chair Exercise</p> <p>12:00 Hand & Foot 12:30 Movie "The Imitation Game" 1:15 Sheepshead</p> <p>7:30 Wed Night Dance</p>	<p>14</p> <p>9:00 Hand Chimes 9:00 Foot Care 9:00 Hiking 10:00 Scrapbooking 10:00 Beginning Bridge</p> <p>12:30 Bridge 1:00 Tech Tyme</p> <p>5:45 TOPS #0566 6:00 Country Line Dancing 7:00 Sunset Stitchers</p> <p>Happy Travelers Trip-Fireside Theatre "Legends in Concert"</p>
<p>18</p> <p>9:00 Low Impact Chair Exercise 9:00 Woodcarving Club 9:30 Book Club</p> <p>1:00 Euchre 1:00 German Club 1:00 Poker 1:15 Sheepshead 3:00 Cardio Drumming</p> <p>6:30 Beginning Tai Chi</p>	<p>19</p> <p>8:30 Pool League 8 Ball 9:00 Tai Chi 8:00 Skat 9:00 Hiking 10:00 Acrylic & Oil Painting Class</p> <p>12:30 Bridge 1:00 Bingo sponsored by ResCare Home Care 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 3:00 Mixed Media Art Class 3:15 Group Discussion with Becky Surviving Winter Depression 6:00 Winnebago Woodworkers at Horace Mann High School 6:30 Senior Dining-Schreiner's Social at 5:30</p>	<p>20</p> <p>8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 9:45 Video Chair Exercise</p> <p>12:00 Hand & Foot 12:00 Canasta 12:30 Movie "The Imitation Game" 1:15 Sheepshead</p> <p>7:30 Wed Night Dance</p>	<p>21</p> <p>9:00 Foot Care 9:00 Hand Chimes 9:00 Hiking 10:00 Beginning Bridge 10:00 Scrapbooking</p> <p>12:30 Bridge 1:00 Tech Tyme 1:30 AARP 2:00 Friends Annual Meeting</p> <p>5:45 TOPS #0566 6:00 Chartastics Scrapbook 6:00 Country Line Dancing</p>
<p>25</p> <p>8:00 Newsletter Assembly 9:00 Low Impact Chair Exercise 9:00 Woodcarving Club</p> <p>1:00 Euchre 1:00 German Club 1:00 Poker 1:15 Sheepshead 3:00 Cardio Drumming</p> <p>6:30 Beginning Tai Chi</p>	<p>26 8:30 Pool League 8 Ball</p> <p>9:00 Tai Chi 8:00 Skat 9:00 Hiking 10:00 Acrylic & Oil Painting Class 10:00 Massage 12:30 Bridge 1:00 Bingo sponsored by Hospice Advantage 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 3:00 Mixed Media Art Class 3:00 Community Cares-St. Francis Home 6:00 Winnebago Woodworkers at Horace Mann High School 6:30 Senior Dining-Gino's Social at 5:30</p>	<p>27</p> <p>8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 9:45 Video Chair Exercise</p> <p>12:00 Hand & Foot 1:15 Sheepshead 1:00 Umbrella Brigade</p> <p>7:30 Wed Night Dance</p>	<p>28</p> <p>9:00 Foot Care 9:00 Hand Chimes 9:00 Hiking 10:00 Beginning Bridge</p> <p>1:00 Green Thumb Garden Club's Great Backyard Bird Count</p> <p>12:30 Bridge 1:00 Tech Tyme 1:00 SALT/TRIAD</p> <p>5:45 TOPS #0566 6:00 Country Line Dancing 6:30 Alzheimer's Support Group</p> <p>Happy Travelers leave for Hawaii</p>
			<p>22</p> <p>10:00 Red Hat Chorus</p> <p>12:30 Wii Bowling 1:00 Memories Writers Group 1:15 Sheepshead</p> <p>23 Saturday 10:00 Beg. Country Line Dance</p> <p>24 Sunday</p>
			<p>15</p> <p>10:00 Red Hat Chorus</p> <p>12:30 Wii Bowling 12:45 Red Hatters Royal Rummy 1:00 Memories Writers Group 1:15 Sheepshead</p> <p>16 Saturday Gift Shop open 10-2 10:00 Beg. Country Line Dance 5:00 Supper Club—Gino's Social 5:00, Dinner 5:30</p> <p>17 Sunday</p>