

# AUGUST 2014



Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b>LET'S DO LUNCH!</b> Senior Dining</p> <p>The Senior Center is a meal site for the FDL County Senior Nutrition Program. Served <b>Monday—Thursday at 11:45 a.m.</b>, lunch is available to all seniors regardless of income, with a suggested donation of \$3 for those age 60 or over. Registration for lunch is required by calling 929-3937 at least one day in advance by 1 p.m. <b>Menus are available at the front desk or our website: fdlseniorcenter.com</b></p>  <p>Fellowship, Food &amp; Fun</p>		<p><b>1</b> 10:00 Red Hat Chorus 1:15 Sheepshead</p> <p><b>2 Saturday</b> 9:00 Zumba</p> <p><b>3 Sunday</b></p>
<p><b>4</b> 9:00 Low Impact Exercise 9:00 Woodcarving Club</p> <p>1:00 German Club 1:00 Poker 1:15 Sheepshead <b>4:00 Computer Chips</b></p> <p>5:00 TOPS #1159 7:00 Beginning Dance Class</p>	<p><b>5</b> 9:00 Tai Chi 9:00 Skat 9:00 Consignor Intake <b>9:00 MPTC Computer Basics 4</b> 10:00 Oil Painting</p> <p>12:45 Bridge 12:45 Drawing &amp; Watercolor Class 1:00 Bingo 3:00 Mixed Media Art Class</p> <p>6:00 Woodworkers (@Horace Mann HS) 6:00 SCAMP</p>	<p><b>6</b> 8:30 SCAMP 8:30 Hand Chimes <b>9:00 MPTC Computer Basics 4</b> 10:15 Video Exercise</p> <p>12:00 Hand &amp; Foot 1:00 Canasta (1st &amp; 3rd) 1:15 Sheepshead</p> <p>7:30 Wed Night Dance</p> <p><b>*Happy Travelers Trip—Wisconsin State Fair</b></p>	<p><b>7</b> 8:30 Hand Chimes 9:00 Intro to Country Line Dance <b>9:00 MPTC Computer Basics 4</b> 9:00 Senior Outreach Mtg. (1st) 10:00 Scrapbooking 10:00 Beginning Bridge <b>10:00 Simple Solutions for Total Wellness (Outreach Mtg. Program)</b></p> <p>12:45 Bridge</p> <p>6:00 TOPS #0566 6:00 Country Line Dancing 6:00 Chartastics Scrapbook</p> <p>ROMEO's—Faro's</p>	<p><b>8</b> 8:30 Health Screenings 9:30 Senior Housing Options 10:00 Red Hat Chorus</p> <p>1:15 Sheepshead</p> <p><b>9 Saturday</b> 1–4pm TOPS Meeting</p> <p><b>10 Sunday</b> 6:00 Model Railroad Hobbists(2nd)</p>
<p><b>11</b> 9:00 Low Impact Exercise 9:00 Woodcarving Club</p> <p>1:00 German Club 1:00 Poker 1:15 Sheepshead <b>2:00 Story Time-Happy Campers</b> <b>4:00 Computer Chips</b></p> <p>5:00 TOPS #1159 6:30 FdL Area Writer's Club(2nd) 7:00 Beginning Dance Class</p>	<p><b>12</b> <b>7:00 ELECTION-Polls open</b> 9:00 Tai Chi 9:00 Skat 9:00 Consignor Intake</p> <p>12:45 Bridge 1:00 Bingo 3:15/5:15/7:00 Card making with Jana (2nd)</p> <p>6:00 Woodworkers (2nd) 6:30 Coin Club</p> <p><b>*Happy Travelers Trip—Wade House and Wreath Factory</b></p>	<p><b>13</b> 8:30 Staff Meeting 8:30 SCAMP <b>9:00 CarFit</b> 10:15 Video Exercise</p> <p>12:00 Hand &amp; Foot 1:15 Sheepshead</p> <p>7:30 Wed Night Dance</p> <p><b>10:00 Bike Ride—Eisenbahn State Trail, meet at Eden Community Park</b></p>	<p><b>14</b> 9:00 Foot Care 9:00 Intro to Country Line Dance 10:00 Beginning Bridge <b>10:00 Wii Bowling Training</b></p> <p>12:45 Bridge <b>12:30 MOVIE-Saving Mr. Banks</b> 1:00 Fly Tying (2nd)</p> <p>6:00 TOPS #0566 6:00 Country Line Dancing 7:00 Sunset Stitchers (2nd)</p>	<p><b>15</b> 8:30 SCAC Meeting (3rd) 10:00 Red Hat Chorus</p> <p>1:15 Sheepshead <b>1:30 Margaret Jarek-Local Journalist Presentation</b></p> <p><b>16 Saturday</b> 5:00 Supper Club—Gino's</p> <p><b>17 Sunday</b></p>
<p><b>18</b> 9:00 Low Impact Exercise 9:00 Woodcarving Club 9:30 Book Club (3rd) <b>10:00 Senior Wellness Coalition</b></p> <p>1:00 German Club 1:00 Poker 1:15 Sheepshead <b>4:00 Computer Chips</b></p> <p>5:00 TOPS #1159 7:00 Beginning Dance Class</p>	<p><b>19</b> 9:00 Tai Chi 9:00 Skat 9:00 Consignor Intake 10:00 Oil Painting <b>10:00 Learning in Retirement</b></p> <p>12:45 Bridge 12:45 Drawing &amp; Watercolor Class 1:00 Bingo 3:00 Mixed Media Art Class</p> <p>6:00 Woodworkers(@Horace Mann HS) 6:00 SCAMP</p>	<p><b>20</b> 8:30 SCAMP 10:10 Video Exercise</p> <p>12:00 Hand &amp; Foot 1:00 Canasta (1st &amp; 3rd) 1:00 Umbrella Brigade 1:15 Sheepshead</p> <p>7:30 Wed Night Dance 7:30 Stamp Club (3rd)</p>	<p><b>21</b> 9:00 Foot Care 10:00 Beginning Bridge</p> <p>12:45 Bridge 1:00 Post Office Poker (3rd) <b>1:00 SALT/TRIAD</b></p> <p>6:00 TOPS #0566 6:00 Chartastics Scrapbook</p>	<p><b>22</b> 8:30 Friends Board Meeting (4th) 10:00 Red Hat Chorus</p> <p>1:15 Sheepshead <b>2:00 MOVIE-Frozen (Intergenerational)</b></p> <p><b>23 Saturday</b> Scrapbook Crop All Day</p> <p><b>24 Sunday</b></p>
<p><b>25</b> <b>8:00 Newsletter Assembly</b> 9:00 Low Impact Exercise 9:00 Woodcarving Club</p> <p>1:00 German Club 1:00 Poker 1:15 Sheepshead <b>4:00 Computer Chips</b></p> <p>5:00 TOPS #1159 7:00 Beginning Dance Class</p>	<p><b>26</b> 9:00 Tai Chi 9:00 Skat 9:00 Consignor Intake 10:00 Oil Painting 10:00 Chair Massage</p> <p>12:45 Bridge 12:45 Drawing &amp; Watercolor Class 1:00 Bingo 3:00 Mixed Media Art Class</p> <p>6:00 Woodworkers (@Horace Mann HS) 6:00 SCAMP</p>	<p><b>27</b> 8:30 SCAMP 8:30 Hand chimes 10:10 Video Exercise</p> <p>12:00 Hand &amp; Foot 1:15 Sheepshead</p> <p>7:30 Wed Night Dance</p> <p><b>1–3pm Senior Center Summer Social &amp; Raffle at Lakeside Park</b></p> <p><b>*Happy Travelers Trip—North Star Casino w/ Dinner at Schwarz's</b></p>	<p><b>28</b> 8:30 Hand chimes 9:00 Intro to Country Line Dance 9:00 Foot Care <b>9:00 MPTC Computer Basics 1</b> 10:00 Beginning Bridge</p> <p>12:45 Bridge</p> <p>6:00 TOPS #0566 6:00 Country Line Dancing 6:30 Alzheimer's Support Grp(4th) <b>6:30 Project Linus (4th)</b></p>	<p><b>29</b> <b>10:00 Pool League Meeting</b> 1:15 Sheepshead</p> <p><b>30 Saturday</b></p> <p><b>31 Sunday</b></p>

