

DRIVER SAFETY PROGRAM

AARP sponsored Driver Safety classes are scheduled at the Fond du Lac Senior Center several times throughout the year, usually two classes every fall and two classes every spring.

In the past this class has always been a two-day course, but it is now a **one-day course**. It consists of all in-class learning – NO tests and NO driving. The cost is \$12.00 for AARP members (please bring your card) and \$14.00 for non-members. Pre-registration is required.



Why Take a Driver Safety Class?

"What I have learned in this class before has helped me out of a few close calls! This course is necessary for seniors to stay up on their driving skills."

Graduate, AARP Driver Safety Program, NY

The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of drivers remain safe on today's roads. AARP has offered the course in the classroom for 25 years and now offers the same course online. It is designed to help you:

1. Tune up your driving skills and update your knowledge of the rules of the road.
2. Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes.
3. Reduce your traffic violations, crashes, and chances for injuries.
4. Drive more safely.
5. Get an insurance discount. Auto insurance companies in most states provide a multiyear discount to AARP graduates!
6. AARP members receive discounts on the AARP Motoring Plan from GE Motor Club.

What Will I Learn by Taking the Course?

You can expect to learn about current rules of the road, how to operate your vehicle more safely in today's increasingly challenging driving environment, and some adjustments to common age-related changes in vision, hearing, and reaction time. You will learn about:

- maintaining proper following distance at all times,
- the safest way to change lanes and make turns at intersections,
- the effects of medications on driving,
- minimizing the effect of dangerous blind spots,
- limiting driver distractions such as eating, smoking and cell phone use,
- properly using safety belts, air bags, and anti-lock brakes,
- maintaining physical flexibility,
- continuing to monitor your own and others' driving skills and capabilities.

After completing the course, you'll develop a greater appreciation of driving challenges and how you can avoid potential collisions and injuries to yourself and others.