

## Looking for summer employment? Enjoy being outside and working with people?



Work in a beautiful outdoor setting, provide a service to your community, all while soaking up some sun!



The Fond du Lac Recreation Department will be hiring Lifeguards to work at the Outdoor Pools for the summer. Lifeguards have the opportunity of working full-time, job sharing, or working as a sub. All Lifeguards must be certified through the American Red Cross; completion of the course certifies Lifeguards for 2 years. Starting pay for a full-time Lifeguards is \$12.50/hour with opportunities for end of season bonuses and a FREE Fond du Lac YMCA membership.

## **Lifeguard Training Class**

Location	Dates	Days	Times	Cost
Aquatic Center	April 2 & 3	Sat & Sun	8:00 am - 5:30pm	FREE

## Pre-requisites for the class:

- Students must be 15 years old to work as a lifeguard
- Swim 300 yards using front crawl and/or breaststroke in a continuous swim with rhythmic breathing and stroke, no touching the bottom of the pool or resting at any time.
- Tread water for two minutes using only leg motion (hands will be placed under opposite armpits).
- Swim 20 yards, go down 7 9 feet, retrieve a brick, maintain two hands on the brick while swimming 20 yards to the starting point and getting out of the water without using a ladder.
  Time Limit: 1 minute 40 seconds

For more information, please contact the Aquatic Center at (920) 929-3536 or register online at www.fdlrecdept.com





