FRIENDS OF THE FOND DU LAC SENIOR CENTER AMONG FRIENDS

NEWSLETTER

JUNE 2021



Proudly serving the Fond du Lac Community for over 54 years! ...where friends meet!

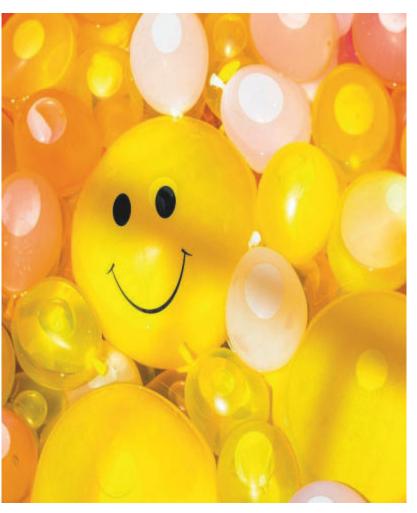
CATHY'S CORNER

Social media drives me crazy in a lot of ways, but every once in a while, someone shares a tidbit that resonates with me. I received this one from a friend not too long ago and thought I'd share it with you. The story goes:

A professor gave a balloon to every student, who had to inflate it, write their name on it and throw it in the hallway. The professor then mixed all the balloons. The students were given 5 minutes to find their own balloon.

Despite a hectic search, no one found their balloon. At that point the professors told the students to take the first balloon that they found and hand it to the person whose name was written on it. Within 5 minutes everyone had their own balloon.

The professor said to the students: "These balloons are like happiness. We will never find it if everyone is looking for their own.



But if we care about other people's happiness....we'll find ours too."

Speaking of happiness ... I'm happy to that that additional programs and activities have been added this month to the ones we started in May! You can find more information about them in this newsletter. As of this printing, all of the guidelines that were published in last month's newsletter continue to remain in offect, although we know that may change.

newsletter continue to remain in effect, although we know that may change depending on the guidelines put forth by the CDC, State, County and City.

Wishing you a month of happiness - hope to see you soon!



Cathy

SPECIAL EVENT

POP IN FOR POPCORN AND ICE TEA PARKING LOT EVENT Thursday, June 10 1:30 –2:30 p.m.

Come and help us celebrate National Ice Tea day with a nice refreshing glass of ice tea and some yummy popcorn. Bring a chair if you wish to sit and socialize. See you there!

In the event of bad weather ice tea and popcorn will be handed out the drive through window located on the West side of the building.

> Must register by 12:00 p.m. Monday, June 7 To register call(920) 322-3630



For ad info. call 1-800-950-9952 • www.lpicommunities.com

GET MOVING

BALANCE & STRETCH

Join us on Facebook Live or On Demand Mondays 9:00 a.m.

Weekly classes added to our Facebook Page so you can watch ANYTIME!

https://www.facebook.com/FondduLacSeniorCenter



VIDEO WALK TO FITNESS

Fridays 9:00 a.m.



Pre-registration is required to enter Call (920)322-3630

Masks Required!

WALKING/HIKING GROUP

This group meets to walk on Tuesday, Thursday and Saturday mornings at 10:00 a.m.



if you are interested in joining in, call us for details (920) 322-3630, or check out our Facebook Page at https://www.facebook.com/ FondduLacSeniorCenter/ Walking poles welcome. For details call (920) 322-3630

CARDIO DRUMMING

What is it? A drumming workout!

What do I need? A pair of drumsticks, a yoga ball and a bucket or laundry basket. The yoga ball fits in the bucket and is ready for pounding. We have some available for loan if you'd like to try it!

Where can I do it? Anywhere!

When? On Demand! Check the link on Facebook or on the Fond du Lac Senior Center YouTube Channel.



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PUZZLE



Remy has been following the Tour de France on his bike all day long. Can you help him find his way to the bistro where he has promised to meet his frineds for dinner?

OUTDOOR PROGRAMS

UKULELE GROUP Wednesdays 10:00 a.m.

Grab your ukulele and come and play with us! Meeting at the Deneveu Shelter on Harbor View Drive. Weather permitting. New people always welcome!



Call Joanne Michaels at (920) 922- 2068 with any questions MAH JONGG Tuesdays and Thursdays 12:00 p.m.

Come and play Mah Jongg with us ! This tile based game will have you addicted in no time! Don't know how to play? We will teach you! Meeting at the McDermott Park Shelter. Weather permitting. New people welcome!



Nan McGhee at (920) 517-6778 with any questions.

SCAMP BAND PRACTICE Wednesdays

9:30 a.m.



Meeting at the Raymond C, Wifler P.C. at Buttermilk Creek Park weather permitting. New members always welcome!

If you are interested give us a call! (920) 322-3630

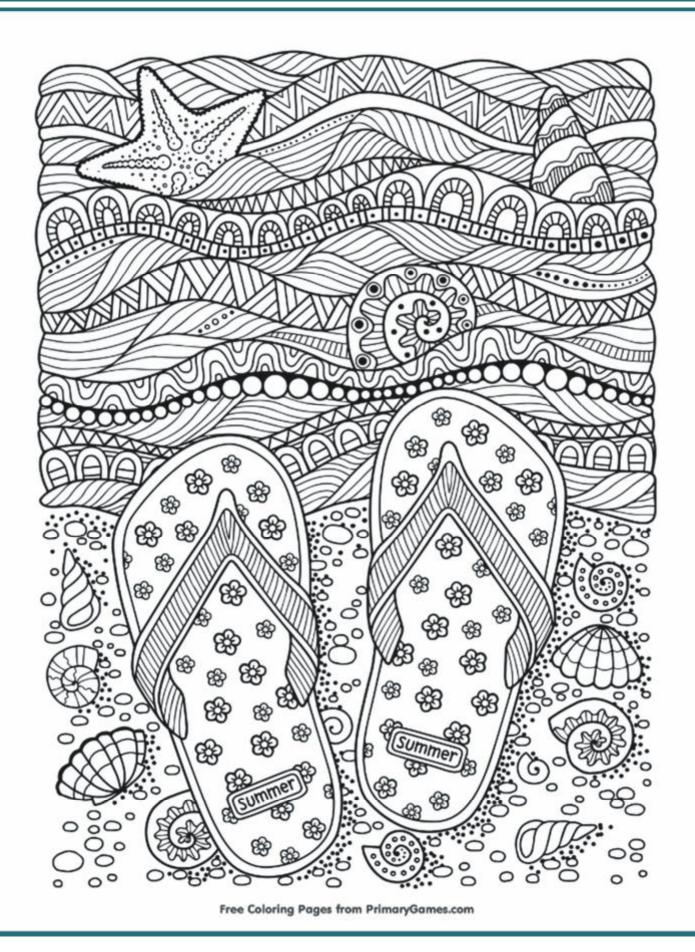
GAME DAY Fridays 1:00 p.m.



Bring your favorite game and join us for an afternoon of fun. New gamers always welcome! Meeting at the Deneveu Shelter on Harbor View Drive. Weather permitting.

Call us if you have any questions! (920)322-3630

ADULT COLORING PAGE



Movies

NEWS WORLD

NEWS OF THE WORLD

Wednesday, June 9 12:45 p.m. Doors open at 12:30 p.m. PG-13 ·2020 · Western/Drama · 1h 59m

Starring:: Tom Hanks, Helena Zengel, Elizabeth Marvel, Mare Winningham

Summary: Five years after the end of the Civil War, Capt. lefferson Kyle Kidd crosses paths with a 10-year-old girl taken by the Kiowa people. Forced to return to her aunt and uncle, Kidd agrees to escort the child across the harsh and unforgiving plains of Texas. However, the long journey soon turns into a fight for survival as the traveling companions encounter danger at every turn -- both human and natural.

Pre-registration is required to enter (920) 322-3630 Masks Required

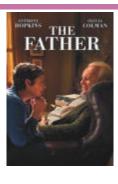


Tuesday, June 22 12:45 p.m. Doors open at 12:30 p.m. PG-13 ·2020 · Drama · 1h 37m

Starring:: Anthony Hopkins, Olivia Colman, Imogen Poots, Rufus Seewell

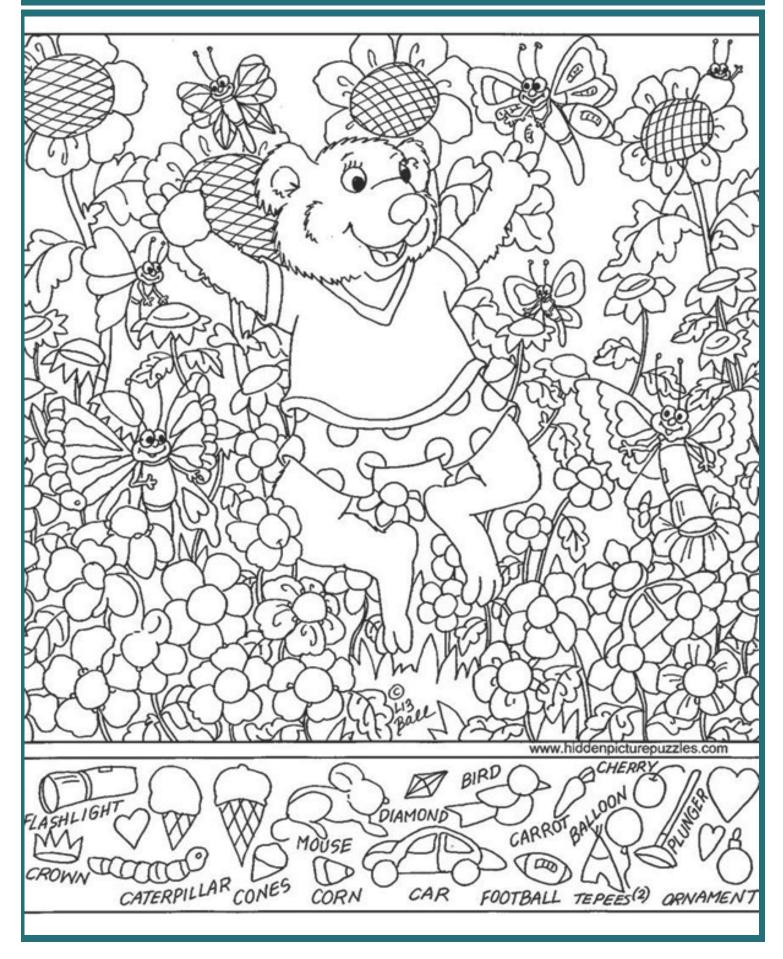
Summary: A man refuses all assistance from his daughter as he ages. As he tries to make sense of his changing circumstances, he begins to doubt his loved ones, his own mind and even the fabric of his reality.

THE FATHER

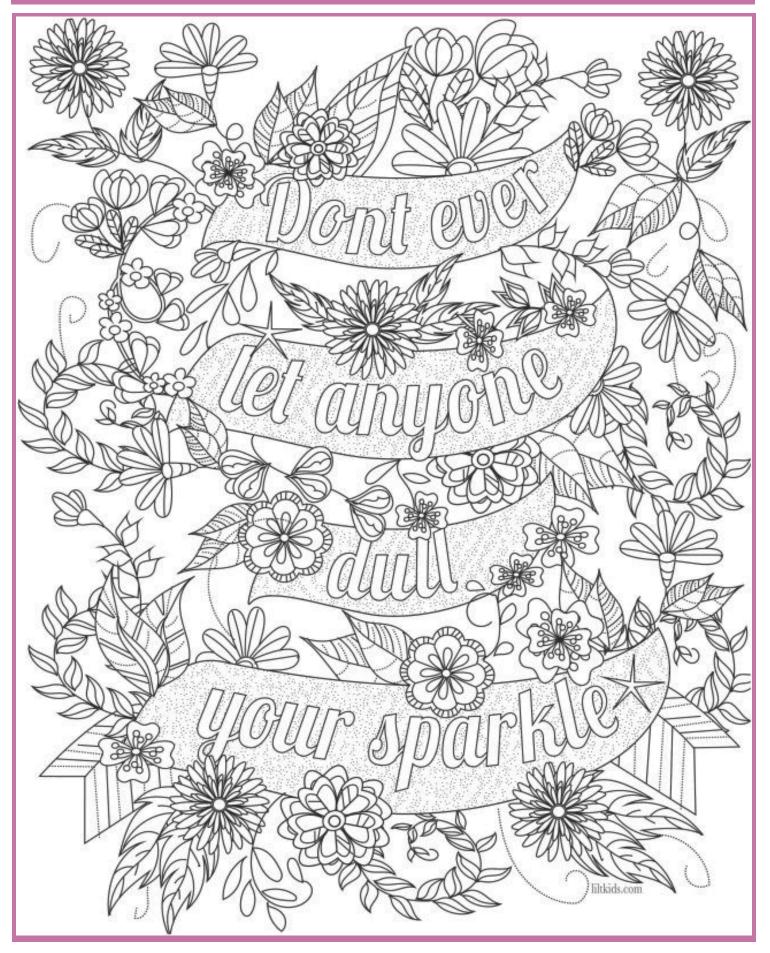


Pre-registration is required to enter (920) 322-3630 Masks Required

HIDDEN PICTURES



ADULT COLORING PAGE



DON'T MISS OUT

SUMMER FUN BINGO

Wednesday, June 30 1:30 – 3:00 p.m. Come and join us for an afternoon of Bingo



Pre-Registration is Required Call (920) 322-3630

Masks are Required

STAMP CLUB

Returning Wednesday, June 16th 6:30 p.m.



Call to register: (920) 322-3630

NATIONAL DAIRY MONTH PARK-ING LOT CELEBRATION

Wednesday, June 16 1:30-2:30 p.m.

Come and celebrate National dairy Month with a Yummy, frozen, dairy treat! Bring a chair if you wish to sit and socialize. See you there!

In the event of bad weather treats will be handed out the drive through window located on the West side of the building.

Must register by 12:00 p.m. on Monday, May 14

To Register Call (920) 322-3630



PICNIC IN THE PARK Friday, June 18 12:00 p.m.



Because we had so much fun at the last picnic, let's do it again! Pack a lunch and join us at the West Oven Island shelter for lunch and socializing. We can't wait to see you!

For Questions Call (920)322-3630

OUTDOOR PROGRAMS

LADIES PLAYFUL GOLF CLUB

Mondays and Wednesdays May 3– May 28 at 9:30 a.m. June 2– August 30 at 9:00 a.m.

Call Alice Dann (920) 753-5126 for all questions



MEN'S SENIOR CENTER GOLF LEAGUE

Thursdays at 8:30 a.m.

Call John Paluchniak at 960-8688 with questions .

BEGINNING COUNTRY LINE DANCING

Thursdays 5:30-6:30 p.m.



COUNTRY LINE DANCING

Thursdays 6:30-7:30 p.m.

These classes are held at the Raymond C. Wifler PC @ Buttermilk Creek Park **Pre-Registration is Required Call (920) 322-3630**

EVENING YOGA LITE

Thursdays at 5:15 p.m. 4 Week session June 3 - June 24 Taylor Park



Pre-Registration is Required (920) 322-3630

Don't forget your yoga mat and water!

MORNING XPRESS FITNESS

Tuesdays 9:00 a.m. Beginning June 1 Raymond C. Wifler PC @ Buttermilk Creek Park

Morning Xpress fitness is a healthy mix of cardio strength training, and fun.

Pre-Registration is Required. (920) 322-3630

Don't Forget Your Water!



THE CLEVER COOK



MYSTERY THROWBACK RECIPE FACE BOOK LIVE

Tuesday, June 1 1:30 p.m.

We have inherited some cookbooks from the 1970's and have

decided to try a throwback recipe. Join us on Facebook Live to find out what the mystery recipe is.

WAFFLED SPAGHETTI BUN BURGER FACEBOOK LIVE

Tuesday, June 29

1:30 p.m.

Join us on Facebook Live as we make Waffled Spaghetti Burgers in honor of National Waffle Iron Month



Medicare • Obamacare • Social Security

In this FREE webinar you will learn:

- The differences between Medicare Supplement and Medicare Advantage plans so you can choose the most appropriate Medicare plan for YOUR situation!!
- How to qualify for ACA/Obamacare Tax Credits so your health insurance will cost you little or NOTHING so that you can retire NOW!!
- How you may qualify for EXTRA Social Security benefits. We have helped many people get extra Social Security that they NEVER knew they qualified

for. The only way to know if YOU qualify for EXTRA money from Social Security is to join our webinar!!

To register for a FREE webinar or make a telephone appointment call our office at 921-7526 or visit our website at goebelins.com

Tune in every Saturday morning from 7:35 to 8:00 am for our "INSURANCE SMART" radio show on KFIZ AM 1450

Tuesday, May 18 Tuesday, June 15 Tuesday, July 20 Tuesday, Aug 17



For ad info. call 1-800-950-9952 • www.lpicommunities.com

3:30 pm & 6:00 pm 3:30 pm & 6:00 pm 3:30 pm & 6:00 pm 3:30 pm & 6:00 pm



Insurance Financial Medicare









GOEBEL Insurance & Financial 131 N Rolling Meadows Dr Suite A Fond Du Lac, WI 54937 920-921-7526 • goebelins.com

Briana Gens

Larry Goebe

Cathy Reines Steffes

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				ľ	June			
M	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	FRIDAY
		1 9:00 11:00 11:00 1:30 2:00	Morning Xpress Fitness Walking Group Drive Up Senior Dining Meal Mah Jongg Clever Cook Cardio Drumming	2 9:00 10:00 11:00	Ladies Playful Golf Scamp Band Practice Ukulele Group Drive Up Senior Dining Meal	3 8:30 10:00 11:00 11:00 12:00 5:15 5:30 6:30	Men's Golf Walking Group Drive Up Senior Dining Meal Mah Jongg Evening Yoga Lite Beginning Line Dancing Line Dancing	<i>4</i> 9:00 Video Walk to Fitness 11:00 Drive Up Senior Dining Meal 1:00 Game Day <i>5 Saturday</i> 10:00 Walking Group <i>6 Sunday</i>
7 9:00 Balance and S 9:00 Ladies Playful 9:00 Wood Carving 11:00 Drive Up Senio 1:30 Euchre 1:30 Euchre	itretch Golf r Dining Meal	8 9:00 11:00 12:00 2:00 Nation	Morning Xpress Fitness Walking Group Drive Up Senior Dining Meal Mah Jongg Cardio Drumming al Best Friends Day	9 9:30 9:30 11:00 11:00 12:45	Ladies Playful Golf Scamp Band Practice Ukulele Group Drive Up Senior Dining Meal Movie- News of the World	10 88:30 N 10:00 V 11:00 1 11:00 1 1:30 1 1:30 1 5:15 5 5:30 1 6:30 1	Men's Golf Walking Group Drive Up Senior Dining Meal Mah Jongg Pop in for Pop Corn & Ice Tea Evening Yoga Lite Beginning Line Dancing Line Dancing	11 9:00 Video Walk to Fitness 11:00 Drive Up Senior Dining Meal 1:00 Game Day 12 Saturday 10:00 Walking Group 13 Sunday
14 9:00 Balance 9:00 Ladies P 9:00 Wood Ci 11:00 Drive Up 1:00 German 1:30 Euchre	e and Stretch Playful Golf arving Senior Dining Meal	15 9:00 10:00 111:00 2:00 2:00	Morning Xpress Fitness Walking Group Drive Up Senior Dining Meal Mah Jongg Cardio Drumming	16 9:00 9:30 10:00 11:00 1:30 6:30	16 9:00 Ladies Playful Golf 9:30 Scamp Band Practice 10:00 Ukulele Group 11:00 Drive Up Senior Dining Meal 11:30 National Dairy Month Parking Lot Celebration 6:30 Stamp Club	17 8:30 10:00 11:00 11:00 12:00 5:15 5:30 6:30	Men's Golf Walking Group Drive Up Senior Dining Meal Mah Jongg Evening Yoga Lite Beginning Line Dancing	<i>18</i> 9:00 Video Walk to Fitness 11:00 Drive Up Senior Dining Meal 12:00 Picnic in the Park 1:00 Game Day <i>19 Saturday</i> 10:00 Walking Group <i>20 Sunday</i>
21 9:00 Balance & Str 9:00 Ladies Playful 9:00 Wood Carving 11:00 Drive Up Senio 1:30 Euchre 1:30 Euchre National Selfie Day	itretch ul Golf B ior Dining Meal	22 9:00 11:00 11:00 12:45 2:00	Morning Xpress Fitness Walking Group Drive Up Senior Dining Meal Mah Jongg Movie- The Father Cardio Drumming	23 9:00 9:30 11:00	Ladies Playful Golf Scamp Band Practice Ukulele Group Drive Up Senior Dining Meal	24 8:30 10:00 11:00 11:00 1:00 1:00 5:15 5:30 6:30	Men's Golf Walking Group Drive Up Senior Dining Meal Mah Jongg When I'm 65 Evening Yoga Lite Beginning Line Dancing Line Dancing	25 9:00 Video Walk to Fitness 11:00 Drive Up Senior Dining Meal 1:00 Game Day 26 Saturday 10:00 Walking Group 10:00 Brat Fry 27 Sunday
<i>28</i> 9:00 Balance 9:00 Ladies P 9:00 Wood Cé 11:00 Drive Up 1:30 Euchre	and Stretch Playful Golf arving p Senior Dining Meal	29 9:00 110:00 112:00 2:00 2:00	Morning Xpress Fitness Walking Group Drive Up Senior Dining Meal Mah Jongg Clever Cook Cardio Drumming	<i>30</i> 9:30 9:30 11:00 1:30	Ladies Playful Golf Scamp Band Practice Ukulele Group Drive Up Senior Dining Meal Summer Fun Bingo			

WHAT'S GOING ON INDOORS

OPEN POOL Beginning in June Tuesdays and Thursdays



Call (920) 322-3630 to reserve a time Two shifts available - 8 people max per shift 9:00 -11:00 a.m. or 12:30 - 2:30 p.m.

Reservations and Masks Required

WHEN I'M 65 Thursday, June 24 1:00 p.m. Speaker: Julie Hilbert , McNamara & Theil



Presentation offered in person and via Zoom.

Are you nearing the age of retirement and wondering what impact turning 65 will have on you? Learn the various parts of Social Security and Medicare, what choices you need to make when you become eligible, and what the timelines are for those choices. This program is not just for those turning 65—but for anyone who has benefit concerns and questions. **Pre-Registration Required. (920) 322-3630 Masks are Required in Person**

GERMAN FOR BEGINNERS

Mondays Beginning June 14 1:00– 2:30 p.m.



Registration and Masks Required To Register Call (920) 322-3630

WOOD CARVING Mondays 9:00 a.m.



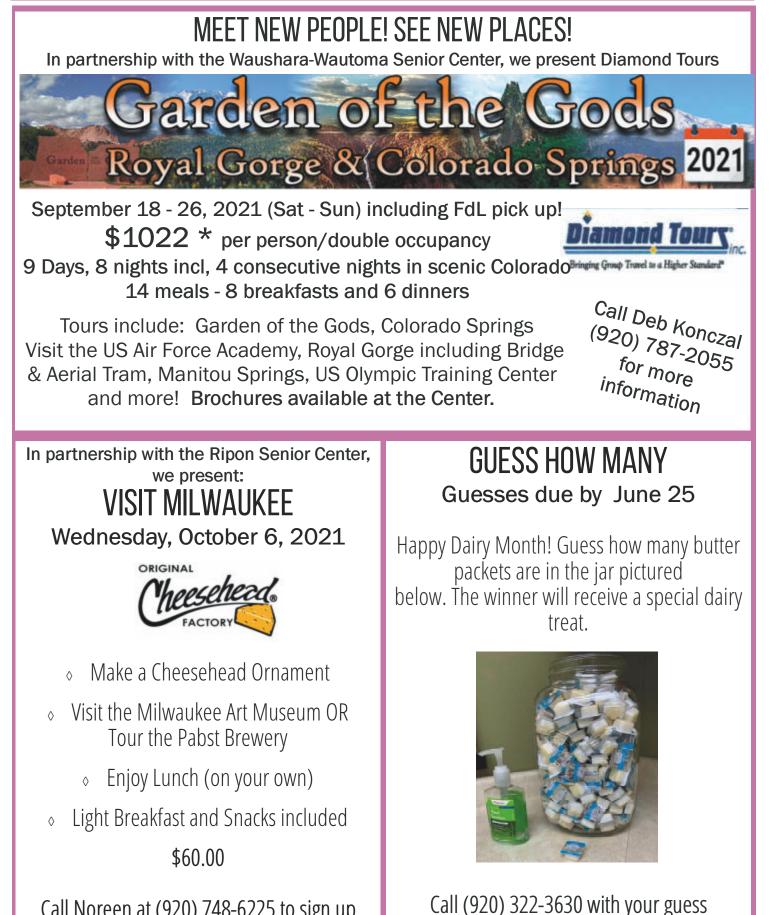
Never carved before? No problem– Come and learn!

Registration and Masks Required To Register Call (920) 322-3630



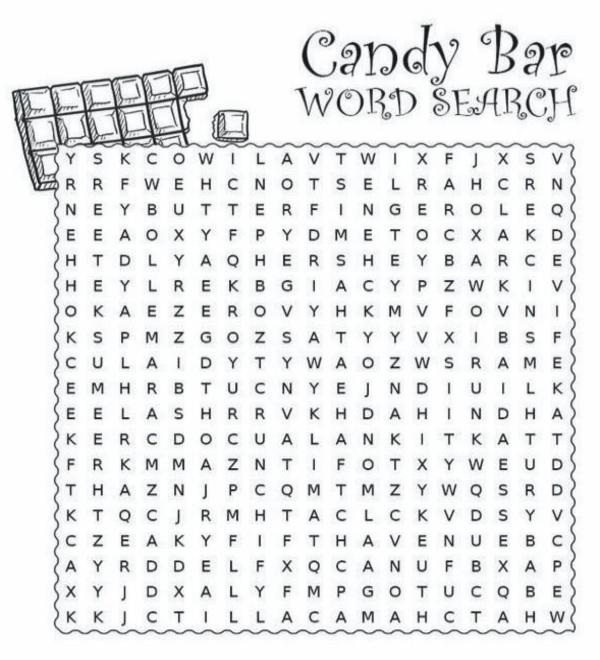
TRAVEL

17



Call Noreen at (920) 748-6225 to sign up

PUZZLE



ALMOND JOY BABY RUTH BUTTERFINGER CARAMELLO CHARLESTON CHEW CRUNCH FIFTH AVENUE HEATH HERSHEY BAR KIT KAT KRACKEL MARS MILKY WAY MOUNDS MR. GOODBAR OH HENRY PAY DAY SNICKERS TAKE FIVE THREE MUSKETEERS TWIX WHATCHAMACALLIT ZERO

@ 2014 puzzles-to-print.com

COMING SOON

MORNING YOGA LITE

Thursdays 9:00 a.m. 4 week session July 8– July 29 Buttermilk Creek Park



Don't forget your yoga mat and water! Pre-Registration is Required (920) 322-3630

NATIONAL BEST FRIENDS DAY Tuesday, June 8

National Best Friends Day is Tuesday, June 8 and we want to hear about your best friend. Call and tell us about your best friend (920) 322-3630 or post about your best friend on Facebook any time on June 8th for a chance to win a prize!



EUCHRE Mondays Beginning June 7 1:30-2:30 p.m.



Come and play Euchre with us! Meeting at the McDermott Park Shelter. Weather permitting. New people welcome!

Call us if you have any questions! (920)322-3630

NATIONAL SELFIE DAY Monday, June 21

Monday. June 21st is National Selfie Day. We miss seeing your face! Cheer us up by sending us a selfie of you! You can post it on Facebook, email it to us senior@fdl.wi.gov, or drop it off in the tote located on the bench in

front, of the building. Everyone who sends us a selfie will be entered to win a prize! We can't wait to see your selfie!



THIS & THAT

2021 Dine Out Books



52 Coupons 40+ Local Businesses Save Money And Support the Friends Call today for more information on how to get your 2021 Dine Out Book! **(920) 322-3630**

Just \$7.00 again this year!



For more information, contact: Diann Roberts, Program Director (920) 933-8090 | www.themeadowsfdl.con

NOW LEASING! 62 and Better

- 1 Bedrooms
- Rent based on income
- Utilities Included*
- Small pets welcome*

*some restrictions apply

MABESS MANOR APTS. (920) 533-6090 Campbellsport, WI. _{EH0}



Integrity (in teg'raté) n. the quality of being of sound moral principle, honesty, sincerity. www.jhcontrols.com

PERFORMANCE • INTEGRITY

Brat Fry Come out and support the Friends!



June 26 & July 25 10:00 a.m.— 4:00 p.m.

Fond du Lac Festival Foods

We are looking for volunteers to help out at the Bray Fry. If interested please call (920) 322-3630 Thank you!

> **KUYKÍ** Funeral Chapel & Crematory

Serving the Fond du Lac area since 1892

920-921-4420

www.kurkifuneralchapel.com Don Kurki - Owner/Funeral Director





Woodlands is a family owned business dedicated to providing a high quality home-like environment. We provide onsite medical care, hospice care, and independent care for those who want to escape the burden of owning their own home.

77 Wisconsin American Dr., Fond du Lac, WI (near the Aurora Clinic)

WoodlandsSeniorPark.com

For ad info. call 1-800-950-9952 • www.lpicommunities.com

Friends of Fond du Lac Sr. Center, Fond du Lac, WI E 4C 01-

RESOURCES

There are many opportunities through the Alzheimer's Association for family caregiver and general awareness education and support groups offered via live webinar/teleconference during this time. Please visit alz.org/wi or call 800.272.3900.

The Wisconsin Parkinson Association is offering many virtual programs and educational classes during this time. Please visit their website at www.wiparkinson.org or call 414.312.6990 for more information.

The Gratitude Club, Inc. is a local nonprofit recovery club established in 1980 to provide a meeting place and an outlet for fellowship. More than 250 individuals come through our doors on a weekly basis. The Gratitude Club is host to over 30 12-step meetings per week and sponsors numerous familyoriented activities. Call Us at 920.921.0143.

NAMI Fond du Lac is the local affiliate of the National Alliance of Mental Illness (NAMI), a grass roots organization founded in 1979, with a mission to empower those young and old affected by mental illness and reduce stigma through support, education and outreach. Phone 920.979.0512

LOCAL PARENTS OF ANGELS 1st & 3rd Thursday 5:30 - 7:30pm

The Local Parents of Angels is a support group for parents who have lost a child - it can be a recent or a long-term loss. **Everyone is welcome!**

WHERE IN FOND DU LAC ARE CATHY & SARAH

McDermott Park

McDermott Park is a large 15 acre park located conveniently off of East Johnson Street. Not only does it have nice baseball fields, tennis courts, and playground but it also has a nice big picnic shelter with a walkway to the parking lot, and restrooms nearby. Check it out!



The Euchre group will be meeting at McDermott Park for the summer in the picnic shelter Mondays from 1:30- 3:30 p.m. beginning June 7.

Mah Jongg Group will also be meeting at McDermott park for the summer in the picnic shelter on Tuesdays and Thursdays at 12:00 p.m. Call (920) 322-3630 by noon the weekday prior to get signed up for lunch. Meals are served "drive up" style between 11:00a.m. and 12:00p.m. at the Senior Center

Fond du La County suggests a \$3.00 donation

Fond du Lac County residents age 60+ or married to someone age 60+ are eligible. We are serving out of our drive-up window on the west side of the building. Come see us and share a smile or a laugh—you never know what kind of shenanigans we'll be up to!

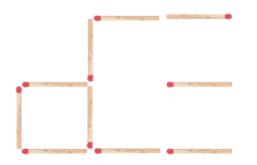
June 2021 Fond du Lac County Senior Dining

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pork Steak Mashed Potatoes Peas and Carrots Butterscotch Pud. Peach Slices Dinner Roll	2 Chicken Cacciatore Baby Red Potatoes Mixed Italian Salad Choc. Sundae Cup Fruited Gelatin Sliced Bread	3 Salisbury Steak Mashed Potatoes Corn Birthday Cake Fruit Cocktail Dinner Roll	4 Salmon Loaf Baked Potato Carrots Choc Chip Cookie Pineapple Tidbits Sliced Bread
7 Burgundy/Mush Chopped Steak Mashed Potatoes Swiss Spinach Cinnamon Roll Pear Slices Sliced Bread	8 Glazed Ham Baked Beans Health Slaw Vanilla Pudding Apple Slices Dinner Roll	9 Lasagna Casserole Broccoli Cuts Choc Rasp Torte Fruited Gelatin French Bread	10 Chicken Breast Mashed Potatoes Baby Carrots Fudge Cookie Honeydew Melon Dinner Roll	11 Cranberry/Kraut Meatballs Baked Potato Tossed Salad Chocolate Pudding Petite Banana Sliced Bread
14 Chicken, Broccoli & Rice Casserole Brussels Sprouts Sugar Cookie Pineapple Tidbits Sliced Bread	15 Roast Beef Mashed Potatoes Peas and Carrots Spice Cake Applesauce Dinner Roll	16 Smoked Sausage Calico Bean Cass. Calif Blend Veg Choc. Sundae Cup Peach Slices Sliced Bread	17 Beef Stroganoff Corn Tapioca Pudding Cantaloupe Slice Dinner Roll	18 Baked Chicken Garlic Mashed Pot Spinach Salad w/ Rasp Vinaigrette Molasses Cookie Apple Slices Sliced Bread
21 Mushroom Pork Cutlet Mashed Potatoes Red Cabbage Applesauce Cake Pear Slices Sliced Bread	22 Pepper Steak Baby Red Potatoes Mixed Vegetables Orange Sherbet Pineapple Tidbits Dinner Roll	23 Swedish Meatballs Mashed Potatoes Sliced Carrots Alexander Torte Honeydew Melon Sliced Bread	24 Orange Chicken Baked Potato Tossed Salad Fudge Brownie Petite Banana Dinner Roll	25 Meatloaf Red Beans and Rice Cole Slaw Cinnamon Roll Applesauce Sliced Bread
28 Roast Turkey Mashed Potatoes Baby Carrots Pumpkin Cake Fruit Cocktail Sliced Bread	29 Beef Stew Broccoli Cuts Coconut Cream Pie Pear Slices Cheddar Biscuit	30 Baked Chicken Twice Bk Style Pot Three Bean Salad Peanut Butter Cook Apple Slices Sliced Bread	May 2021 <u>M T W T F S S</u> 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 WISCONSIN	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$

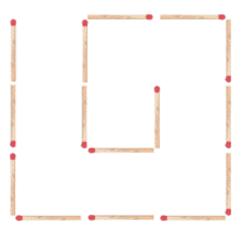
PUZZLE

Matchstick Puzzles - #2

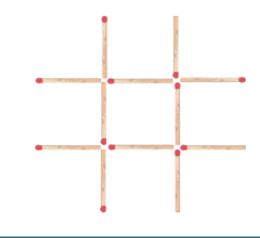
1. Move three matchsticks to make two squares.



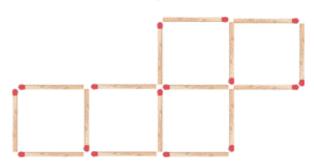
 Move three matchsticks to make two squares.



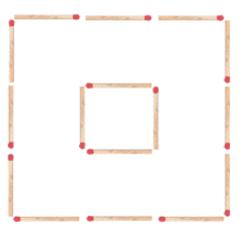
 Move three matchsticks to make three squares.



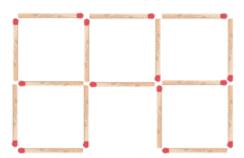
 Move two matchsticks to make four squares.



Move four matchsticks to make three squares.



6. Move three matchsticks to make four squares.



WHAT'S GOING ON

ZOOM MEETING INFO FOR <u>ALL</u> ZOOM EVENTS



For all programs that are offered on Zoom, here is the meeting information: Go to: https://zoom.us/join and enter: Meeting ID 582 875 5438 Password: 54935 Call (920)322-3630 with any questions.

JOKE OF THE DAY HOTLINE



Don't forget to call our Joke of the Day Hotline for a laugh a day (or maybe a groan!)

(920) 322-3634

SENIOR CENTER UPDATES



Want the latest information on programs and activities that are going on at the Center? You can call our new Update Hotline at (920) 322-3636 for weekly updates!

> ZOOMINGLE Monday, June 7 1:00 p.m.



Zoom and Mingle with us the first Monday of every month to chat about our upcoming programs and events.

Zoom meeting information is available on the top left of this page.

PUZZLE SOLUTIONS

Are you stumped? Call us for hints or answers! (920) 322-3630



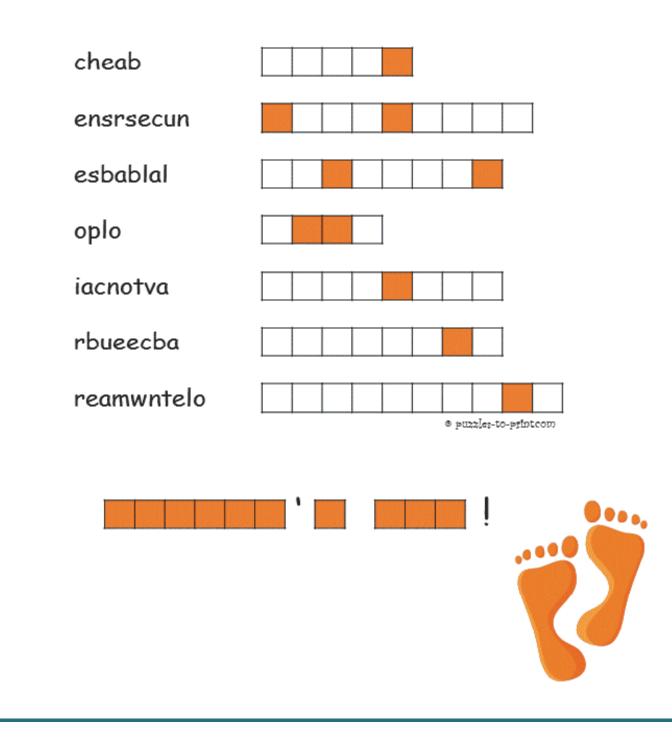
WORD SCRAMBLE



Summer Days Word Scramble

Unscramble the words, then use the highlighted letters to figure out the secret message.

Hint: The secret message is scrambled too.



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



2021 Friends Membership Application ²⁷

To join the FRIENDS of the FOND DU LAC SENIOR CENTER or to renew your membership, please complete this application and return it to the Fond du Lac Senior Center. <u>Membership is for the 2021 calendar year</u>. We do <u>not</u> share your information with any outside organization.

Please make check payable to: "FRIENDS, INC."

Fond du Lac Senior Center 151 E. 1st Street Fond du Lac, WI 54935

NAME(s) (both, if couple)						
MAILING AD	DRESS (with apt #)						
CITY, STATE	, ZIP						
PHONE NUMBER							
BIRTHDATE (optional)							
E-MAIL							
I'D LIKE TO GO GREEN! <i>RATHER THAN U.S. MAIL,</i> PLEASE E-MAIL MY MONTHLY NEWSLETTER TO THE EMAIL ADDRESS ABOVE							
PLEASE PRINT CLEARLY as all information is entered into the computer by a volunteer.							
CHOICE OF SUPPORT: THANK YOU FOR SUPPORTING THE FRIENDS!							
\$10.00 Single \$15.00 Couple (same address)							
UTILITY DONATION for the City of Fond du Lac For a few years now, we have asked members to give \$25 or whatever they could afford. A \$10,000 donation has been made each year in the fall by the Friends Board to City Council to help with the cost of utilities at the Senior Center. Thank you to all who helped with donations. Your donation for 2021 is optional but <i>very much appreciated!</i>							
\$50.00 FANTASTIC FRIENDS membership support — Thank you for your \$50 donation to the Friends of the Fond du Lac Senior Center. This special membership helps with the day-to-day operation of our Center and is much appreciated. Due to Covid-19, the 2021 Dine Out Books are on hold at this point, however if things change and Dine Out Books are printed, you will be contacted to pick up a free book in appreciation of your support. The FANTASTIC FRIENDS MEMBERSHIP includes your single or couple membership and additional donation to Friends to help with the operation of our Center.							
\$100.00 FABULOUS FRIENDS membership support – Thank you for your "above and beyond" FABULOUS \$100 donation to the Friends. Due to Covid-19, the 2021 Dine Out Books are on hold at this point, however if things change and Dine Out Books are printed, you will be contacted to pick up a free book in appreciation of your support. The FABULOUS FRIENDS MEMBERSHIP includes your single or couple membership, and a fabulous donation to the Friends of the Fond du Lac Senior Center to help with operations.							
TOTAL ENCLOSED (Utility Donation and Friends Membership can be on the same check.) Because the Friends is a 501(c)(3) nonprofit organization, your contribution is tax deductible.							
Please note that 2020 RED HAT HONEYS were automatically renewed for 2021.							
FOR OFFICE USE ONLY							
DATE PAID _	CASH	AMT	CHECK AMT	CHECK #	Receipt Given		
□ NEW 20	21 Member	Renewal		Receptionist Initials			
 FANTASTIC FRIENDS \$50 FABULOUS FRIENDS \$100 Dine Out Book on hold for 2021- will call if they are printed 1 for Fantastic or 2 for Fabulous Memberships Received Among Friends Newsletter 							
May 2021 News	sletter			Card File	Computer		



OR CURRENT RESIDENT

FOND DU LAC SENIOR CENTER 920-322-3630 FRIENDS BOARD OF DIRECTORS

STAFF

DIRECTOR Cathy Loomans 322-3632 cloomans@fdl.wi.gov

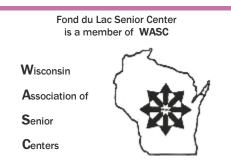
PROGRAM/OUTREACH COORDINATOR Sarah Docter 322-3641 sdocter@fdl.wi.gov

City of Fond du Lac

Fond du Lac Senior Center 151 E. 1st St. Fond du Lac, WI 54935 Phone (920)322-3630 Email senior@fdl.wi.gov Hours M-F 8:00 am- 4:30 pm

The Fond du Lac Senior Center provides equal services to all individuals 50 years and over, including those with disabilities. Participants must be independent of activities of daily living in order to attend, or if they are not independent, a caregiver must accompany them.

Kevin Dickie Robert Katzfey Terri Resop Kathy Schreiber Mary Sue Wafle Judi Walters Everett Werth Cathy Loomans, Center Director





@FondduLacSeniorCenter

MISSION

The Fond du Lac Senior Center is dedicated to enriching the social, physical, emotional, and intellectual well-being of seniors in the community.

Visit us online at www.fdlseniorcenter.com

VISION

TO ENHANCE THE QUALITY OF LIFE OF EVERY SENIOR IN OUR COMMUNITY

The Friends of the FDL Senior Center assume no responsibility for advertising content, mistakes or omissions. Programs and events are subject to change or cancellation without notice. No partial sessions or refunds on classes.