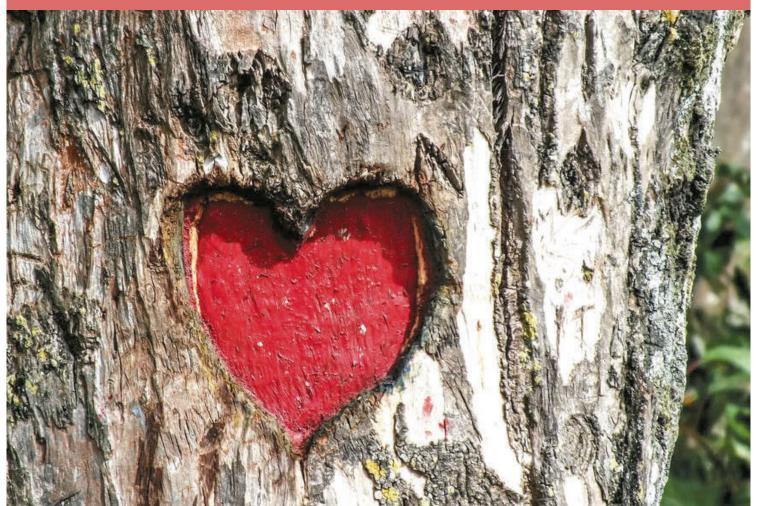
FRIENDS OF THE FOND DU LAC SENIOR CENTER

AMONG FRIENDS

NEWSLETTER

FEBRUARY 2022



Proudly serving the Fond du Lac Community for over 55 years! ...where friends meet!

CATHY'S CORNER

Happy Anniversary to Us!

I wanted to share this piece of history with you this month:

"The first Senior Center for Fond du Lac senior citizens opened on February 1, 1967 at 86 S. Macy Street in the former Macy's Furniture Store. It was relocated to the Autumn House at the Retlaw Hotel from 1973-1978. From there it moved to 2nd Street for a few years while seniors rallied to have a larger more adequate facility.



The City decided to use the site at 151 E. 1st Street, following the demolition of the 67 year old Bragg School. The Senior Center opened its doors at the current location on October 27, 1982 with 289 active participants."

Wow! How cool is that! I always wonder if the people that worked to open our Center 55 years ago had any idea the impact this Center would have? I wonder if they knew that 55 years later we would still be going strong? I'm guessing they as they made their plans for the city's first senior center, they had no idea that 55 years later we would navigate a pandemic and be doing virtual programs along with our in-person activities. Crazy how much changes in 55 years.

I am thankful for the people that had the vision to begin this amazing place. I am grateful to be able to continue the work that has been done over the last 55 years, and I am hopeful that 55 years from now, someone else will be writing about how the Fond du Lac Senior Center has been serving the community for 110 years!

In celebration of the last 55 years, join us in a drive through anniversary celebration on February 1st from 2:00-3:00. We'll be handing out treats at the window. Please let us know you are coming by calling (920) 322-3630 to sign up. Hope to celebrate with you!



Cathy

SPECIAL EVENT

SNOWSHOE DEMONSTRATION AT KIEKHAEFER PARK

Thursday, February 10 at 10:00 a.m.



Meet at Kiekhaefer Park and learn all about snowshoeing from the staff at Attitude Sports *Snowshoes will be available for you to try.*

To Register Call (920) 322-3630

Special Thank you to:



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WALKING/HIKING GROUP

This group meets to walk on Tuesday, Thursday and Saturday mornings at 10:00 a.m.



if you are interested in joining in, call us for details (920) 322-3630, or check out our Facebook Page at https://www.facebook.com/
FondduLacSeniorCenter/
Walking poles welcome.
For details call (920) 322-3630

BALANCE & STRETCH



Now on Demand! Check the link on Facebook or on the Fond du Lac Senior center YouTube Channel.

VIDEO WALK TO FITNESS

Fridays 9:00 a.m.



Drop in for a quick workout - start your weekend off right!

To Register Call (920)322-3630

CARDIO DRUMMING

What is it? A drumming workout using a pair of drumsticks, a yoga ball and a bucket or laundry basket.

Where can I do it? In the comfort of your home!

When? On demand! Check out links on Facebook or on the Fond du Lac Senior Center YouTube channel.

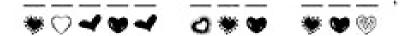
Give it a try!



CROSSWORD PUZZLE

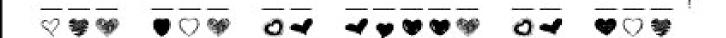
A Secret Valentine Message

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COIN CLUB

Tuesday, February 8 6:00 p.m.



2nd Tuesday of the Month

New Members Welcome!

STAMP CLUB

Wednesday, February 16 6:30 p.m.

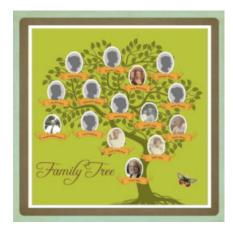


3rd Wednesday of the Month

New Members Welcome!

GENEALOGY GROUP

Wednesday, February 9 and 23 1:00 p.m.



2nd and 4th Wednesdays New members always welcome!

To Register Call (920)322-3630

SENIOR SNAPPERS

Wednesday, February 2 and 16 1:00 p.m.



1st and 3rd Wednesdays. No experience necessary! Meet other people who have a passion for photography and maybe even swap techniques.

To Register Call (920)322-3630

ADULT COLORING PAGE



MOVIES

TICK TICK BOOM!

Thursday, February 10 AND Wednesday, February 23

12:30 p.m.. *Note Start Time Doors open at 12:15 p.m.

PG-13 , Musical/Drama 1h 55m

Starring: Andrew Garfield, Alexandra Shipp, Vanessa Hudgens, **Summary:** On the brink of turning 30, a promising theater composer navigates love, friendship and the pressure to create something great before time runs out. **27th Annual Critics Choice Nominee**

Lawn Chairs Welcome!

Limited Space Available. Pre-Registration is Required (920) 322-3630



JUNE AGAIN

Thursday, February 3 AND Tuesday, February 15

12:30 p.m. *Note Start Time Doors open at 12:15 p.m. NR · 2022 · Comedy/Drama· 1h 39m



Starring: Stephen Curry, Nash Edgerton, Jamie Hilton, Michael Pontin, Noni Hazlehurst, Claudia Karvan Summary: A twist of fate gives family matriarch June a reprieve from a debilitating illness. Much to their amazement, June re-enters the lives of her adult children, Ginny and Devon, and learns that 'things haven't gone according to plan. With limited time but plenty of pluck, she sets about trying to put everything, and everyone, back on track.

Lawn Chairs Welcome!

Limited Space Available. Pre-Registration is Required (920) 322-3630



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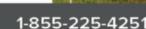
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Julie has been serving older adults for over 18 years.

She continues to provide the same experience and expertise as she did with Fond du Lac County. Julie will specialize in Medicare, Individual/Group Health, Life/Final Burial and Long-Term Care insurance. Please give her a call today to schedule an appointment.

Contact us for more information or to schedule an appointment. (920) 923-2626 • juliehilbert@mtins.net

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WORD SEARCH

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WORD SCRAMBLE

Valentine's Day Word Scramble

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MOEP	
SWROFE	
BOLEDEV	
ANDCY	
ORSSE	
EOEVNPLE	
RRABYUFE	
did the boy bear say	to the girl bear on Valentine's Day?

WHAT'S GOING ON

CRIBBAGE

Tuesdays & Thursdays 1:00 – 3:00 p.m.



Come and join the Cribbage Crew! New Players Welcome!

To Register Call (920) 322-3630

CANASTA

Wednesdays 12:30 – 3:00 p.m.



New Players Welcome!

To Register Call (920) 322-3630

BUNCO

Mondays 12:30 – 3:00 p.m.



Come and shake it up with us!

New Players Welcome!

To Register Call (920) 322-3630

MAH JONGG

Tuesdays & Thursdays 12:00 - 3:00p.m.

Come and play Mah Jongg with us! This tile based game will have you addicted in no time! Don't know how to play? We will teach you!

New players welcome!



To Register Call (920)322-3630

STAY BUSY

UKULELE GROUP

Wednesdays 10:00 a.m.



Grab your ukulele and come and play with us! New people always welcome!

Call Joanne Michaels at (920) 922- 2068 with any questions

To Register Call (920) 322-3630

SCAMP BAND

Will be returning soon! Stay tuned!



New musicians always welcome!

If you are interested give us a call!

(920) 322-3630

BEGINNING COUNTRY LINE DANCING

Thursdays 5:30-6:30 p.m.



COUNTRY LINE DANCING

Thursdays 6:30-7:30 p.m.

Pre-Registration is Required Call (920) 322-3630

5 class punch card for \$10.00 Available from Instructor Mike Seurer

GAME DAY

Fridays 9:00-11:00 a.m.



Bring your favorite game and join us for some fun. New people always welcome!

To Register Call (920)322-3630

What makes this number unique:

8,549,176,320

Can't figure it out? Call us for a hint! (920) 322-3630



FEBRUAN

	MONDAY	TUESDAY		WEDNESDAY		THURSDAY	FRIDAY
		1 9:00 Open Pool 10:00 Walking Group 11:00 Drive Up Senior Dining Meal 12:00 Mah Jongg 1:00 Cribbage 1:00 Creator's Corner 2:00 Drive Through Anniversary Celebration	2 9:00 11:00 12:30 1:00	Open Pool Ukulele Group Drive Up Senior Dining Meal Canasta Hand & Foot Senior Snappers	3 10:00 11:00 12:00 12:00 1:00 6:30 6:30	Open Pool Walking Group Drive Up Senior Dining Meal Mah Jongg Movie- June Again Flying Geese Quilters Beginning Line Dancing Line Dancing	4 9:00 Game Day 9:00 Video Walk to Fitness 10:00 Memory Writers 11:00 Drive Up Senior Dining Meal 5 Saturday 10:00 Walking Group 6 Sunday
	Balance and Stretch Open Pool Wood Carving Drive Up Senior Dining Meal Bunco Euchre German Cardio Drumming	9:00 Open Pool 9:00 Tech Tyme 10:00 Walking Group 11:00 Drive Up Senior Dining Meal 12:00 Mah Jongg 1:00 Cribbage 1:00 Creator's Corner 1:00 Parkinson 's Support Group 2:00 Parkinson Movement & Music 6:00 Coin Club		Blackout Poetry Open Pool Ukulele Group Drive Up Senior Dining Meal Canasta Hand & Foot Genealogy	10 9:00 10:00 11:00 12:30 12:30 1:00 5:30 7:00	Open Pool Walking Group Drive Up Senior Dining Meal Mah Jongg Mowie- Tick Tick Boom! Cribbage Beginning Line Dancing Line Dancing Sunset Stitchers	11 9:00 Game Day 9:00 Video Walk to Fitness 10:00 Memory Writers 11:00 Drive Up Senior Dining Meal 12 Saturday 10:00 Walking Group 13 Sunday
14 9:00 9:00 11:00 12:30 12:30 2:00 2:00	Balance & Stretch Open Pool Wood Carving Drive Up Senior Dining Meal Bunco Euchre German Cardio Drumming Drive Thru Valentine Day	15 9:00 Open Pool 10:00 Walking Group 11:00 Drive Up Senior Dining Meal 12:00 Mah Jongg 12:30 Movie- June Again 1:00 Cribbage 1:00 Creator's Corner	16 9:00 11:00 11:30 12:30 1:00 6:30	Open Pool Ukulele Group Drive Up Senior Dining Meal Canasta Hand & Foot Senior Snappers Stamp Club	17 9:00 10:00 11:00 12:00 1:00 1:30 6:30	Open Pool Walking Group Drive Up Senior Dining Meal Mah Jongg Cribbage Bingo Beginning Line Dancing	18 9:00 Game Day 9:00 Video Walk to Fitness 10:00 Memory Writers 11:00 Drive Up Senior Dining Meal 19 Saturday 10:00 Walking Group
21 9:00 9:00	Balance and Stretch Open Pool Wood Carving	22 9:00 Open Pool 9:00 Tech Tyme 10:00 Walking Group	23 9:00 10:00 11:00	Open Pool Ukulele Group Drive Up Senior Dining Meal	24 9:00 10:00 11:00	Open Pool Walking Group Drive Up Senior Dining Meal	25 9:00 Game Day 9:00 Video Walk to Fitness 10:00 Memory Writers

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CATARACTS



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This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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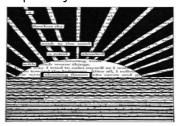


JOIN US

LEARN HOW TO DO BLACKOUT POETRY

Wednesday, February 9 9:00 a.m.

Blackout Poetry is the art of taking written text from a book, magazine or newspaper and blacking out words in order to come up with your own poetry. Come and check it out!



To Register Call (920) 322-3630

GERMAN FOR BEGINNERS

Mondays 1:00– 2:30 p.m.



To Register Call (920) 322-3630

TECH TYME

Tuesday, February 8 and 22 9:00 - 11:00 a.m. BY APPOINTMENT ONLY



Bring in your tablet, smart phone, iPad or other electronic device and get one on one help with your device.

To register call (920) 322-3630

All sessions are limited to 30 minutes

HAND & FOOT

Wednesdays 12:30-3:00



To Register Call (920) 322-3630

VOLUNTEERS NEEDED

We have had requests for the following types of classes and are looking for volunteers to help us get them started.



- Calligraphy
- TaiChi/Chair Tai Chi
- Yoga/Chair Yoga
- Strength and Balance
- How to Use a Cricut
- Other art, cooking, or exercise classes
- Cryptocurrency
- Spanish

If you'd like to share your talents with our participants, please give us a call! (920) 322-3630

GUESS HOW MANY

February 9th in National Pizza Day! To celebrate, guess how many slices of pizza are sold by Sal's Pizza every week.



All guesses are due by February 28th. Winner receives a gift certificate from



105 S Main Street Fond du Lac, WI

Call (920) 322-3630 or visit our Facebook page to enter your guess!

PUZZLES



Are you looking for ways to "maintain your brain"?

Studies have shown that working on jigsaw puzzles can improve cognition and visual-spatial reasoning.

If you need a puzzle to work on, let us know! We have puzzles to loan out! (920) 322-3630

DRIVE THRU VALENTINE'S DAY CELEBRATION



Join us at "the window" as we hand out special Valentine treats!

Monday, February 14 2:00-3:00 Call to register (920) 322-3630

Thursday, February 17



Bring your nickels and come and play some Bingo, do some socializing, and have some fun! See you there!

Registration Required (920)322-3630 Door Prizes sponsored by:



CREATOR'S CORNER

Tuesdays 1:00-3:00 p.m.



Tired of working on that project by yourself? Bring it with you to the Center and socialize while you work.

To Register Call (920) 322-3630

FLYING GEESE QUILTERS

Thursday, February 3 1:00 p.m.



Meeting the 1st Thursday of every month.

New Members Welcome!

SUNSET STITCHERS QUILT GUILD

Thursday, February 10 7:00 p.m.



Meeting the 2nd Thursday of the month.

New Members Welcome!

Where in FDL are Cathy & Sarah



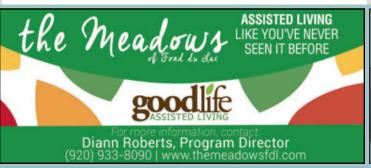
Come join us and the crew from Attitude Sports as we learn to snow shoe! February 10th at 10:00 a.m. (psst - we aren't in the picture)

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CLASSES, SUPPORT GROUPS AND RESOURCES²¹



PARKINSON'S MOVEMENT & MUSIC

Tuesday, February 8 & 22 at 2:00 p.m. Free class which includes chair and standing movements to music in a group setting for fun, fitness, and socialization. Meets the 2nd & 4th Tuesdays of the month. **Proof of Vaccination Required for this class

> For questions and registration call (920) 322-3630

PARKINSON'S SUPPORT GROUP

Tuesday, February 8 at 1:00 p.m. This group meets the 2nd Tuesday of the month

Please visit their website at www.wiparkinson.org or call 414.312.6990 for more information.

> Alzheimer's Support Group Meets at the Senior Center February 24 (4th Thursday of every month) 6:30 p.m.

Please visit alz.org/wi or call 800.272.3900 for more information about family caregiver, education, and support groups ms offered via live webinar or teleconference.



DRUG DISPOSAL BAGS



Deactivate & destroy your prescription drugs in 3 easy steps. Help keep prescription drugs off the streets - pick up some disposal bags today at the Center.

LOCAL PARENTS OF ANGELS



1st Thursday - February 3 5:30 - 7:30pm

The Local Parents of Angels is a support group for parents who have lost a child - it can be a recent or a long-term loss. Everyone is welcome!



THE GRATITUDE CLUB The Gratitude Club, Inc. is a local non-profit recovery club established in 1980 to provide a meeting place

and an outlet for fellowship. More than 250 individuals come through our doors on a weekly basis. The Gratitude Club is host to over 30 12-step meetings per week and sponsors numerous family-oriented activities. Call Us at 920.921.0143

@NAMI Fond du Lac

NAMI Fond du Lac is the local affiliate of the National Alliance of Mental Illness (NAMI), a grass roots organization founded in 1979, with a mission to empower those young and old affected by mental illness and reduce stigma through support, education and outreach. Call us at 920.979.0512

Call (920) 322-3630 by noon the weekday prior to get signed up for lunch. Meals are served "drive up" style between 11:00a.m. and 12:00p.m. at the Senior Center

Fond du La County suggests a \$3.00 donation

Fond du Lac County residents age 60+ or married to someone age 60+ are eligible. We are serving out of our drive-up window on the west side of the building. Come see us and share a smile or a laugh—you never know what kind of shenanigans we'll be up to!

February 2022 Fond du Lac County Senior Dining

Monday	Tuesday	Wednesday	Thursday	Friday		
	Hawaiian Meatballs Baked Potato Green Beans Choc. Pudding Pear Slices Dinner Roll	Glazed Ham Squash Cole Slaw Cinnamon Roll Apple Slices Sliced Bread	Chicken and a Biscuit Casserole Broccoli Cuts Birthday Cake Petite Banana	Pepper Steak Baked Beans Calif. Blend Veg. Sugar Cookie Pineapple Tidbits Sliced Bread		
Pork Steak Mashed Potatoes Red Cabbage Coconut Cream Pie Applesauce Sliced Bread	8 Escalloped Potatoes and Ham Casserole Tossed Salad Ice Cream Cup Peach Slices Dinner Roll	9 Baked Chicken Garlic Mashed Pot. Three Bean Salad Applesauce Cake Pear Slices Sliced Bread	10 Baked Spaghetti Winter Blend Veg. Cream Sicle Torte Fruited Gelatin French Bread	Orange Chicken Brown Rice Mixed Vegetables Vanilla Pudding Cantaloupe Slice Sliced Bread		
Swiss Steak Mashed Potatoes Corn Valentine's Cake Apple Slices Sliced Bread	Chicken Tetrazzini Casserole Broccoli Cuts P-nut Butter Cookie Pineapple Tidbits Dinner Roll	Swedish Meatballs Mashed Potatoes Baby Carrots Cinnamon Roll Tropical Fruit Salad Sliced Bread	Chicken Marsala Calico Bean Cass. Spinach Salad with Rasp. Vinaigrette Cantaloupe Slice Fudge Brownie Dinner Roll	Mush. Pork Cutlet Mashed Potatoes Peas and Carrots Choc. Cloud Torte Petite Banana Sliced Bread		
Roast Turkey Mashed Potatoes Pickled Beet Salad Pumpkin Torte Fruited Gelatin Sliced Bread	22 Chili Casserolc Calif. Blend Veg. Orange Sherbet Peach Slices Combread	23 Chopped Steak in Burg/Mush Sauce Mashed Potatoes Carrots Alexander Torte Pear Slices Sliced Bread	Cranberry & Kraut Meatballs Baby Red Potatoes Brussels Sprouts Spice Cake Fruited Gelatin Dinner Roll	25 BBQ Pork Cutlet Red Beans & Rice Health Slaw Molasses Cookie Applesauce Sliced Bread		
28 Baked Chicken Twice Bk Style Pot. Copper Penny Salad Butterfinger Torte Pineapple Tidbits Sliced Bread	M T 3 4 10 11 17 18 24 25 31	Jan 2022 W T F S S 1 2 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	Mar 2022 M T W T F 1 2 3 4 7 8 9 10 11 14 15 16 17 18 21 22 23 24 25 28 29 30 31	S S 5 6 12 13 19 20 26 27		

TRAVEL

JOIN US FOR A TRIP PREVIEW

FEBRUARY 24TH 1:00 P.M.









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August 27, 2022
9-Day Guided Tour
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- Visit Yellowstone National Park during it's 150th Anniversary Celebration
- Walk beside the rainbow-hued hot springs
- Watch Old Faithful spew water more than 120 feet into the air
- In Cody, see a firearms collection at the Buffalo Bill Center
- Travel to Devils Tower and the Black Hills
- Join a Local Expert for a Deadwood tour
- Visit Mount Rushmore National Memorial
- Ascend 563 feet to the top of Crazy Horse Memorial

Call Sonia at 636-290-6978 for more information.

CHRISTMAS IN TENNESSEE

December 6, 2022 7 Days—6 Nights

\$2999/Double Includes Motorcoach from Fond du Lac to the beautiful Pigeon Forge, TN area, home to Dollywood

- Includes a stay at the Opryland Hotel decorated for Christmas
- Experience the Smokey Mountain Opry Theater
- Spend time at Dollywood Park and enjoy a show at the Morning Variety Theater
- Enjoy Smokey Mountain Christmas in the park
- Experience the Ole Smoky Tennessee Moonshine Tour and Tasting
- Includes Hatfield & McCoy Dinner Feud Show
- Dinner and a show at the Grand Ole Opry and Country Music Hall of Fame

Call Sonia at 636-290-6978 for more information.





LIKE US ON FACEBOOK



Don't miss out! Like us on Facebook for the most up to date information, live events, additional programs and activities, and special announcements.

HTTPS://WWW.FACEBOOK.COM/ FONDDULACSENIORCENTER

ZOOM MEETING INFO FOR <u>ALL</u> ZOOM EVENTS



For all programs that are offered on Zoom, here is the meeting information:

Go to: https://zoom.us/join and enter:

Meeting ID 582 875 5438
Password: 54935
Call (920)322-3630 with any questions.

JOKE OF THE DAY HOTLINE

Don't forget to call our Joke of the Day Hotline for a laugh a day (or maybe a groan!)

(920) 322-3634



PUZZLE SOLUTIONS

Are you stumped? Call us for hints or answers!



(920) 322-3630

SENIOR CENTER UPDATES



Want the latest information on programs and activities that are going on at the Center? You can call our Update Hotline at (920) 322-3636 for monthly updates!

WHAT'S GOING ON

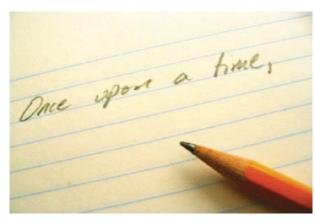
OPEN POOL

Mondays - Thursdays 9:00 a.m.-3:00 p.m.



MEMORY WRITERS

Fridays 10:00—11:30 a.m.



Join us to share and preserve life experiences and family history.

New Memories and Members Welcome.

To Register Call (920) 322-3630

EUCHRE

Mondays 12:30 -2:30 p.m.



Come join us!

Call To Register: (920) 322-3630

WOOD CARVING

Mondays 9:00 a.m.



Never carved before? No problem— Come and learn!

To Register Call (920) 322-3630

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



2022 Friends Membership Application

Fond du Lac Senior Center

To join the FRIENDS of the FOND DU LAC SENIOR CENTER or to renew your membership, please complete this application and return it to the Fond du Lac Senior Center. <u>Membership is for the 2022 calendar year</u>. We do <u>not</u> share your information with any outside organization.

Please make check payable to: "FRIENDS, INC."

				E. 1st Street d du Lac, WI 54935	
NAME(s) (both	, if couple)			,	
MAILING ADDF	RESS (with apt #)				
CITY, STATE, Z	IP				
PHONE NUMB	ER				
BIRTHDATE (op	tional)				
E-MAIL					
☐ I'D LIKE		N! RATHER THA	IN U.S. MAIL, PLE	ASE E-MAIL MY MONTH	LY NEWSLETTER TO THE
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CHOICE OF SU		omation is entered i			DODTING THE EDIENDE
□ \$10.00 Sir	ngle □ \$15.00) Couple (sam		THANK YUU FUK SUPI	PORTING THE FRIENDS!
		• `	,		
			who include an additionant for 2022 is optional but		. These funds help offset operational
Ce inc	enter. This special memb cludes one (1) 2022 Dine	ership helps with the c Out Books in apprecia	lay-to-day operation of o	ur Center and is much appreciate he FANTASTIC FRIENDS MEMB	the Friends of the Fond du Lac Senior d. Your Fantastic Friends membership SERSHIP includes your single or
Fri ME	ends. Your Fabulous Fr	riends membership inc	ludes two (2) 2022 Dine	Out Books in appreciation of your	ond" FABULOUS \$100 donation to the support. The FABULOUS FRIENDS he Fond du Lac Senior Center to help
			and Friends Membership nization, your contributio	can be on the same check.) n is tax deductible.	
		FO	R OFFICE USE	ONLY	
DATE PAID	CASH	AMT	CHECK AMT	CHECK#	Receipt Given
□ NEW 2022	Member [Renewal		Receptionist Initials	. <u> </u>
☐ FANTASTI	C FRIENDS \$50	☐ FABUI	LOUS FRIENDS abulous Member	\$100	
February 2022 New	sletter			Card File	Computer



NON PROFIT ORG U.S. POSTAGE **PAID** FOND DU LAC, WIS PERMIT NO. 129

OR CURRENT RESIDENT

FOND DU LAC SENIOR CENTER 920-322-3630

STAFF

DIRECTOR

Cathy Loomans 322-3632 cloomans@fdl.wi.gov

PROGRAM/OUTREACH COORDINATOR

Sarah Docter 322-3641 sdocter@fdl.wi.gov



Fond du Lac Senior Center

151 E. 1st St.

Fond du Lac, WI 54935
Phone (920)322-3630
Email senior@fdl.wi.gov
Hours M-F 8:00 am- 4:30 pm

The Fond du Lac Senior Center provides equal services to all individuals 50 years and over, including those with disabilities. Participants must be independent of activities of daily living in order to attend, or if they are not independent, a caregiver must accompany them.

FRIENDS BOARD OF DIRECTORS

Kevin Dickie Terri Resop Kathy Schreiber Mary Sue Wafle Everett Werth Cathy Loomans, Center Director

Fond du Lac Senior Center is a member of WASC

Wisconsin

Association of

Senior

Centers





@FondduLacSeniorCenter

MISSION

The Fond du Lac Senior Center is dedicated to enriching the social, physical, emotional, and intellectual well-being of seniors in the community.

Visit us online at www.fdlseniorcenter.com

VISION

TO ENHANCE THE QUALITY OF LIFE OF EVERY SENIOR IN OUR COMMUNITY

The Friends of the FDL Senior Center assume no responsibility for advertising content, mistakes or omissions. Programs and events are subject to change or cancellation without notice. No partial sessions or refunds on classes.